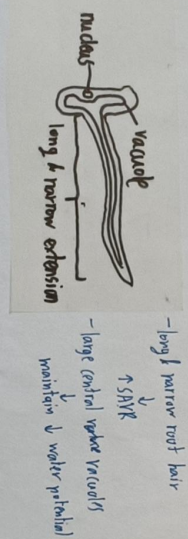
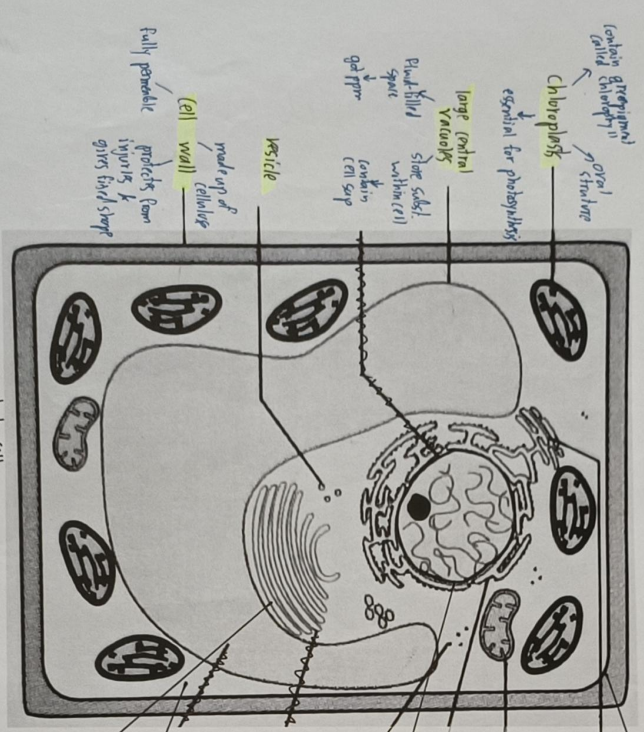
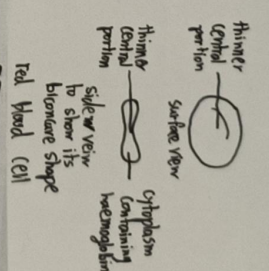
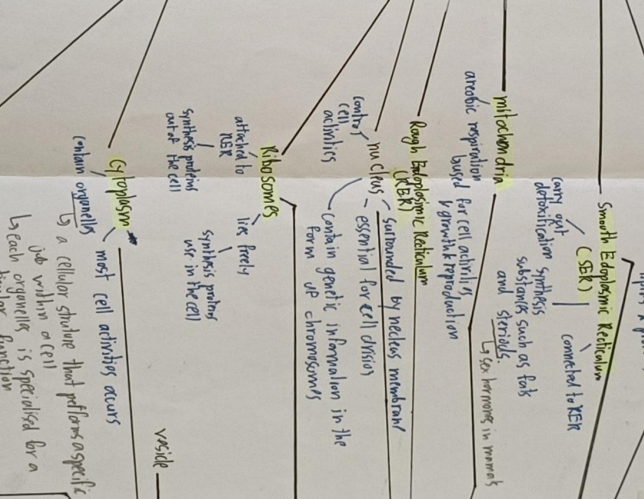


Don Jin Cheng
vg
A → A cell is a unit of life. It consists of a mass of living matter called protoplasm

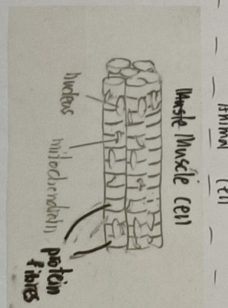
- protoplasm → complex jelly-like substance
- where chemical activities start allow the cell to survive & grow
- Differentiation → the process by which a cell becomes specialized for a specific function.
- cells → tissue → organ → system



- ① **vesicles** - small vesicles containing substances made by ER are pinched off from ER.
- ② **vesicles** - fuse with target body & release their contents into the target body. The substance is chemically modified inside target body.
- ③ **secretory vesicles** - containing modified substances are pinched off from the membrane & their contents are released out of the cell.



- contain hemoglobin
- has central biconcave shape → ↑ SA:VA
- lack nucleus → store more hemoglobin
- flexible → squeeze through capillary easily.



- elongated & spindle in shape
- contain many mitochondria
- contain many nuclei
- allow for cell division
- contractile protein fibers
- contain & relax to bring about movement

	Diffusion	Osmosis	Active Transport
		similarities	
1.	Allows substances to move		
2.	Involves movement of substances		
3.	Particles must be involved		
	Differences		
1. Type of molecules	Molecules	Only water molecules	Molecules
2. Concentration gradient	down	down	against
3. Energy required	No (passive)	No (passive)	Yes (active)
4. Presence of ppm	No	Yes	Yes

∴ The cell is crenated

dehydrated & eventually die.

shrinks and the cell spines appear pointed

loses water



animal

cell place in lower water potential

Chapter 2

cells place in higher water potential

animal

plant - cell sap of the plant cell has lower potential

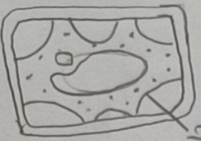
water molecules from the vacuole and cytoplasm leave the cell through ppm

large water

- vacuole ↓ size

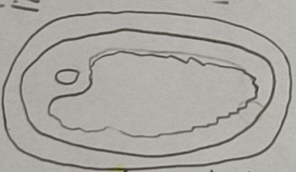
- cytoplasm shrinks away from the cell wall

- If plasmolysis - the shrinkage of cytoplasm and cell membrane away from the cell wall.



- decrease size
- becomes flaccid

format of answering -
1) Difference in conc. Water potential between the surrounding and the cell or cell sap
2) Direction of the molecules and by what? Diffusion? Osmosis? active transport?
3) Molecule shrink or expand is size
4) Indicate is it crenated? plasmolysis? burst? turgid?



- Vacuole ↑ size
- pushes the cytoplasm against the cell wall

burst - protect by elastic cell wall

cell expands

cell become turgid

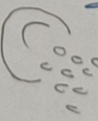
Importance of turgor

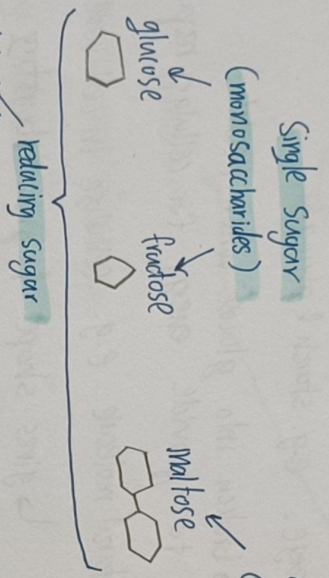
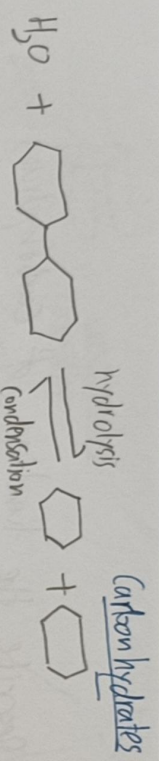
- maintain the shape of soft tissues in plants
- remain plants remain firm & erect

- Movement of certain parts.

- Changes in the turgor of the guard cell cause the opening and closing of the stomata.

expands and burst → × pressure of cell wall
Indicate the water potential





Benedict test

- Steps:
1. Place 2cm³ of food sample into a test-tube
 2. Add 2cm³ of Benedict solution to the food sample
 3. Shake the mixture & place the test-tube in a boiling water bath for 2-3 min
 4. Record the colour of the solution

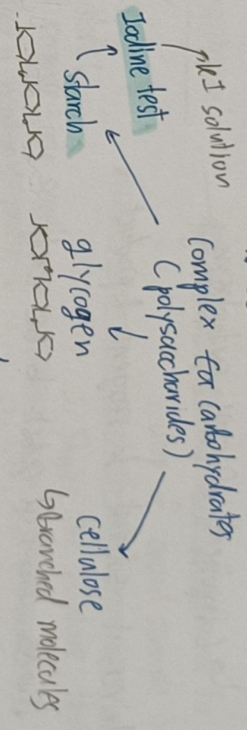
- Results:
- Ind - blue
 - Trace - green
 - moderate - yellow/orange
 - large - red

$C_6H_{12}O_6$

$-H_2O = 2:1$

e.g. glucose: $C_6H_{12}O_6$

sucrose: $C_{12}H_{22}O_{11}$



Suitable for:

- Insoluble in water
- large molecules
- can easily breakdown into glucose
- compact shape
- x reactive
- release glucose as source of energy

x diffuse

x affect w.p.

immediate source of energy

Function of carbohydrates

- needed for:
- formation of supporting structure e.g. cell wall
- convert into other organic compound e.g. AA & fats
- formation of nucleic acid e.g. DNA
- synthesise lubricants e.g. mucus
- synthesis the nectar in flowers

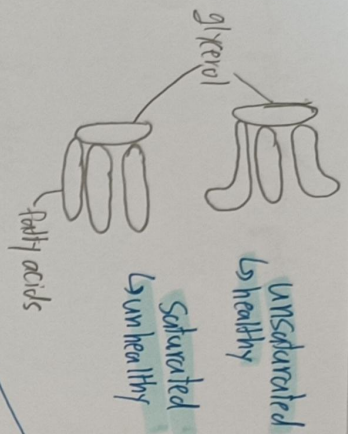
substrate for respiration

Roles of water in ~~Extant~~ Organisms:

- Main component of organisms
 - ↳ component of cell cytoplasm
- Universal solvent & reagent & product
- Allows dissolved subst. to be easily transported (e.g. blood)
- Aids in temp. regulation
 - ↳ sweating & transpiration
- Maintains shape of plant cells & plants

Describe the functions of carbohydrates in living organisms.

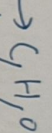
- Energy storage. e.g. starch & glycogen.
 - ↳ broken into glucose when needed to provide energy for cellular respiration
- As a structural molecule. e.g. cellulose in cell walls of plants
 - ↳ gives shape & prevent bursting
- Cellulose & digest → act as dietary fibre
 - ↳ prevent constipation



Function:

- long-term storage of energy
- Insulating material
- Solvent for fat-soluble vitamins & other vital subst. e.g. hormones
- ↓ water loss from skin surface.
 - ↳ Glands in the skin secrete an oily subst.
 - ↳ ↓ evap. → ↓ heat loss

Fats



↳ lesser proportion of oxygen to hydrogen

ethanol emulsion

— liquid state: 1. Add 2cm³ of ethanol to a

drop of liquid sample in a test-tube

2. Shake the mixture thoroughly.

3. Add 2cm³ of water to the mixture & shake the mixture

Solid state:

1. Crush the sample into small pieces using a mortar & pestle

2. place the pieces into a test-tube

3. Repeat liquid state step 1-3.

4. Allow the particles to settle

5. Decant the ethanol into another test-tube containing 2cm³ of water & shake the mixture

-ve results: clear

+ve results: - white emulsion produced

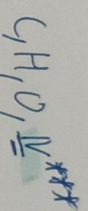
- test tube becomes warm

A.a $\rightarrow$ polypeptide $\rightarrow$ proteins

function:

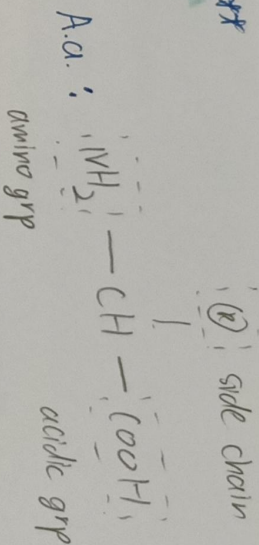
- Synthesis of new cytoplasm
 $\rightarrow$ growth & repair of cells
- Synthesis of enzymes & hormones
- formation of antibodies
to combat diseases.

protein
the maybe sulfur
present



~~for~~ biuret test %

1. Add 2cm³ of food sample to 2cm³ of biuret solution
2. Shake well & allow the mixture to stand for five mins



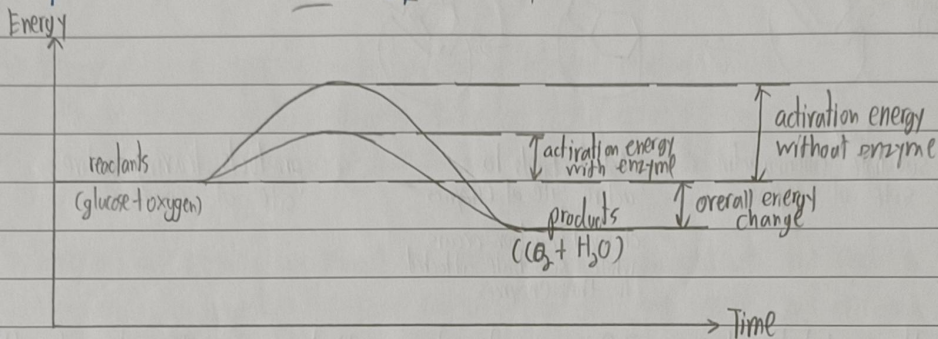
1. Add 2cm³ of food sample into 2cm³ of dilute NaOH solution
2. Shake the solution
3. Add 1% copper (II) sulfate solution drop by drop.
4. Shake the mixture after each drop until a colour change is observed.

the results: blue $\rightarrow$ violet

-ve results: remain blue

→ **Enzymes:** proteins that function as biological catalysts. They catalyse or speed up the rate of chemical reactions. They remain chemically unchanged at the end of the reaction.

→ **Enzymes lower activation energy** The energy needed to start a chemical reaction.



*** Note: - If the overall energy change is negative, there is a decrease in energy content.
- If the overall energy change is positive, there is an increase in energy content.

→ Break down these large molecules into simpler and smaller substances so that they are:

- Soluble in water

- Small enough to diffuse through the cell membrane.

→ **Anabolic reaction** → build up complex substances

↳ Example: Amino acids taken into the cell may be used to build up proteins. The cytoplasm contains special enzymes to catalyse such reaction.

- In photosynthesis, glucose is synthesised from carbon dioxide and water. The chemical reaction involved in photosynthesis are controlled by enzymes.

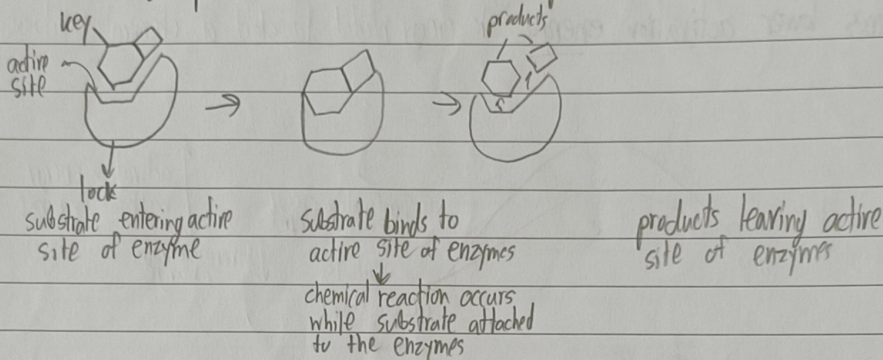
→ **Catabolic reaction** → break down complex substances

↳ Examples: In cell respiration, glucose is broken down to release energy and form carbon dioxide and water. This process involves a series of chemical reactions, each catalysed by different enzyme. The enzymes act together to completely break down glucose.

→ 'Lock-and-key' Hypothesis

↳ **Substrates**: substances on which enzymes act,

↳ E.g.: protein is the substrate on which protease acts.



1. - The substrate has a 3-Dimensional shape that is complementary to that of the active site can fit into the enzymes. → formation of an enzyme-substrate complex.

- The enzymes then catalyses the reaction, → The substrate is converted to the products.

- The products leave the active site.

- The enzyme remains unchanged. → able to catalyse another reaction.

- **Mode of action of enzymes** [Be Careful Red Light Unchanged]

• **B**: enzyme and substrate Binds.

• **C**: forming an enzyme-substrate Complex

• **R**: Reaction is catalysed

• **L**: products Leave active site

• **U**: enzymes remains chemically Unchanged

→ Characteristics of enzymes

↳ **Enzymes speed up chemical reactions** → (Save energy, saves time)

↳ alter the rates of chemical reactions that occur in the cell.

↳ lowering the activation energy needed to start the reaction.

↳ **Enzymes are specific in action** → only intended reaction will occur

↳ only substrate with a shape complementary to the active site can fit into the enzymes.

↳ Enzymes bind to its substrate → forms an enzyme-substrate complex.

↳ **Enzymes are required in minute amt. and remain unchanged at the end of reactions.** ^{dh unlimited resources}

↳ Remain unchanged → The same molecules can be used over and over again. → (Save resources.)

↳ Small amt. of an enzyme can catalyse the reaction for a large amt. of substrate.

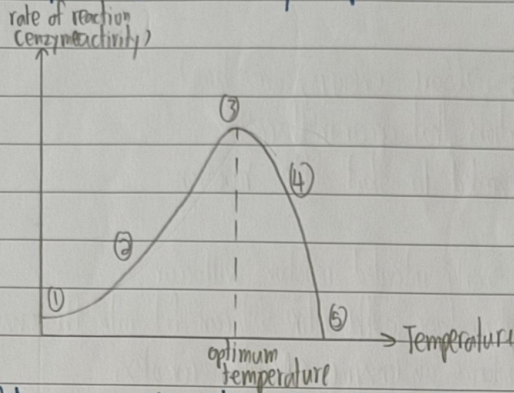
↳ **Denaturation**: the change in the three-dimensional structure of an enzyme or any other soluble protein, caused by heat or chemicals such as acids or alkalis.

↳ Substrate can no longer fit into the enzyme's active site, and no reaction will occur.

→ Enzymes of the digestive system

Region of Digestion	pH	Secretion	Source	Enzyme	Action
Mouth	pH 7	Saliva	Salivary glands	Salivary amylase	starch → maltose
Stomach	pH 2	gastric juice's	gastric glands	protease	proteins → polypeptides
		bile	liver	-	bile salts emulsify fats
small intestine	pH 8	pancreatic juice	pancreas	protease pancreatic amylase lipase	proteins → polypeptides starch → maltose fats → fatty acids & glycerol
		Intestinal enzymes	epithelial cells	lipase protease maltase	fats → fatty acids & glycerol polypeptides → amino acid maltose → glucose

b Enzymes are affected by temperature



① An enzyme is less active at low temperature

At low temperature, the kinetic energy of molecules is low. Enzyme and substrate molecules move slowly. The rate of the substrate molecules colliding with the enzyme is low.

② As the temperature increases, the rate of enzyme reaction increases.

Increasing the temperature increases the kinetic energy of molecules. The rate of effective collision is increased. This increases the rate of enzyme-substrate complex formation.

③ This is the optimum temperature, where the enzyme is most active.

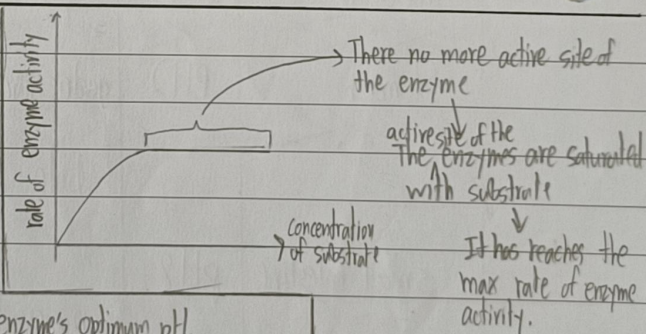
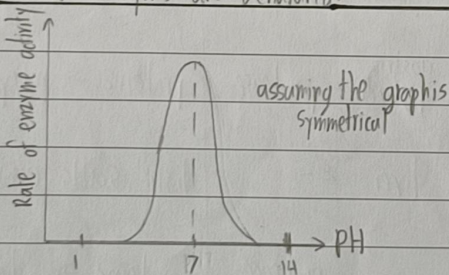
For most human enzymes, the optimum temperature is about 40-45°C.

④ Increasing the temperature above optimum causes a rapid decrease in the rate of enzyme reaction.

The active site of the enzyme molecules begins to lose its original shape and is no longer complementary to the shape of substrate molecules.

⑤ At this temperature all the enzyme molecules have been denatured.

Most enzymes are denatured.



→ At pH 7, rate of enzyme activity is maximum as this is enzyme's optimum pH.

→ As pH moves further from pH 7, rate of enzyme activity decreases sharply. When pH moves too far from 7, weak bonds within the enzyme are broken,

→ the enzyme loses the shape of its active site and becomes denatured

→ The substrate can no longer fit into the active site, hence enzyme activity decreases sharply until 0.

Questions

Q'. Explain how the rate of an enzyme-catalysed reaction may be affected by increasing temperature. [4]

A! - As the temperature increases from low until the optimum temperature, kinetic energy of enzyme and substrate molecules increases, increasing the chance of effective collision.

- This allows enzyme-substrate complexes to form faster, and react rate of reaction increases until the optimum temperature, where rate is the highest.
- As temperature increases beyond optimum temperature, the active site of the enzyme molecules begins to lose its original shape and is no longer complementary to the shape of substrate molecules. Therefore, enzymes start to denature and ROR decreases sharply to 0.
- Hence, the enzymes are fully denatured when the rate of reaction is at 0.

Q'. Biological washing powders (detergents) contain one or more enzymes. Suggest the advantages of using biological washing powders compared to those without enzymes.

- A! - It helps to save time as biological catalysts $\uparrow$ speed up reactions for breaking down stains that would otherwise take a long time.
- It also save money and resources as enzymes remain chemically unchanged after the reaction. Hence, only a small amount of biological washing powder is required.
 - Since enzymes are specific, only the intended reaction of breaking down the stain will occur. Unintended reactions such as breaking down of the dyes of clothes will not happen.

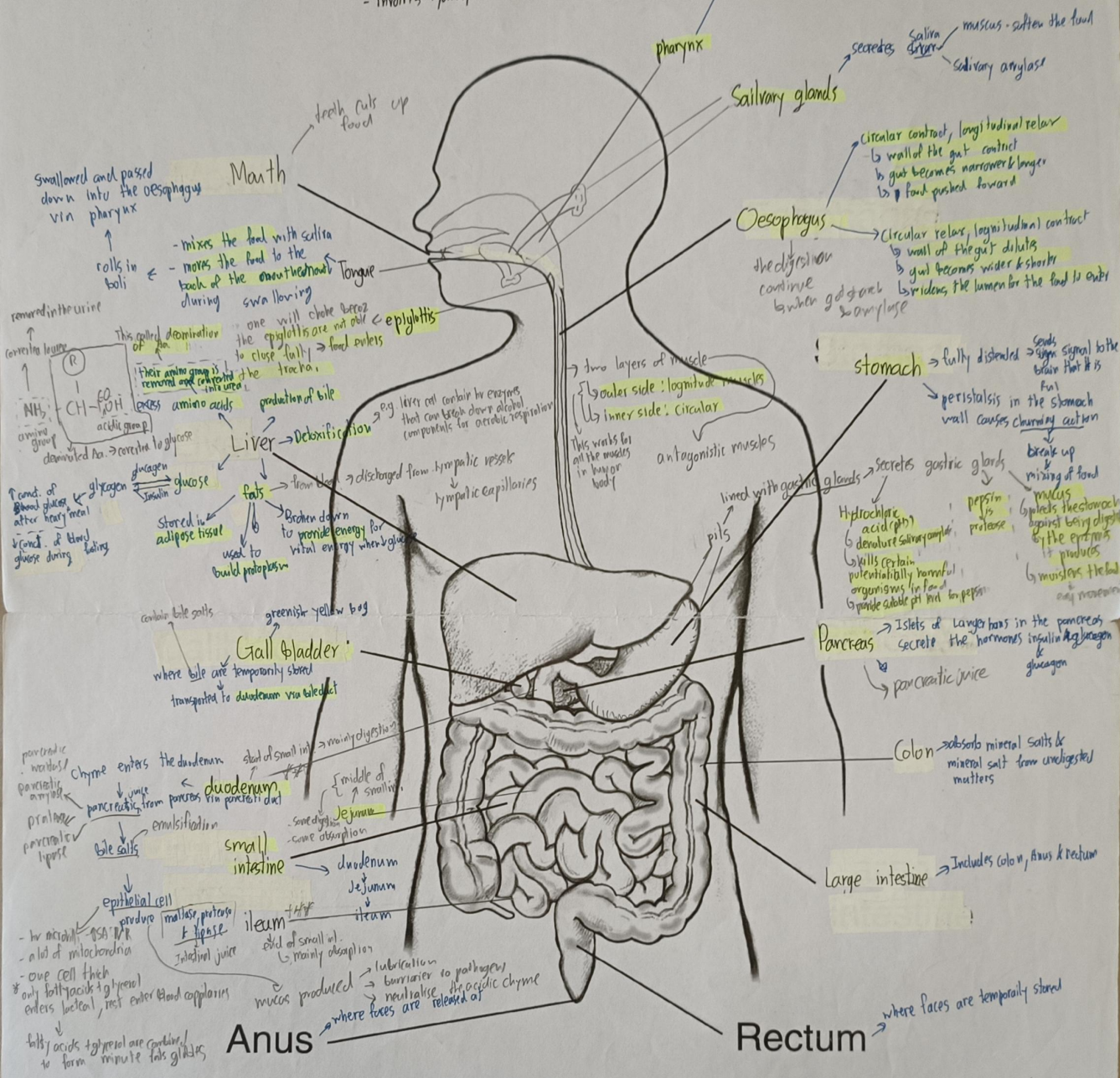
}

Ingestion → Digestion → Absorption → Assimilation

physical digestion: - mechanical break-up
- saliva

chemical digestion: - large, soluble & small, insoluble
- involves hydrolytic reactions catalyzed by digestive system

Assimilation
- connect the buccal cavity to the oesophagus and the larynx
- leads to the trachea → windpipe
- air passes into the trachea, food passes into the oesophagus



Effects of excessive alcohol consumption

Short-term:
- It is depressant → ↓ brain functions, ↑ reaction time
- Reduce self-control, ↑ tendency to make irrational decisions

Long-term:
- Shrinkage of brain volume → especially the region associated with memory and reasoning
- Liver overworked, cell start dying → lead to liver cirrhosis, haemorrhage, liver pain & failure
- 'wet brain' - type of dementia caused by brain damage
- Interferes with the absorption of vitamin B12 in the small intestine
- B12 is part of an enzyme needed to break down sugar to release energy for brain activity
- During pregnancy → interfere with the development of fetus' brain → lifelong physical, emotional & behavioural problem
- problems brought by alcoholics:
- neglect their work & families
- exhibits violent behaviours → money towards family members
- under influence of alcohol may tend to commit crimes

drink fruit juice or liquidy food
When duodenum is removed

Blood are separated into its components, e.g. RBC, plasma, platelets for transfusion.

Blood Grp	A	B	AB	O
Antigen	A	B	AB	none
Antibody	B	A	none	AB

Take note of!

Recipient: Antibodies in plasma

Donor: Antigens on RBC

Universal acceptor: AB

Universal donor: O

transport:

- Blood cells
- nutrients
- excretory products
- hormones from endocrine glands to target organs

g. (13)

contain:

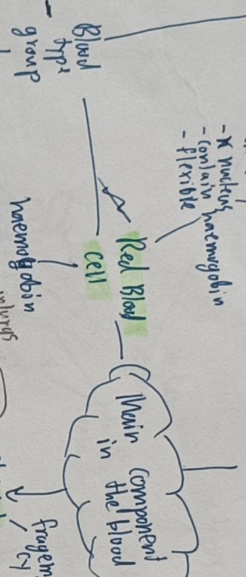
- water
- substances such as glucose, protein, fat, vitamins, hormones, & excretory products substances
- red and white blood cells, antibodies

Plasma - yellowish liquid

forming with RBC

adaptations:

- circular biconcave
- X nucleus haemoglobin
- flexible



Haemoglobin (purple-red)

the contraction of the oxygen in the concentration of H+ ions

fragments of cytoplasm

platelets

functions:

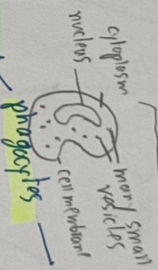
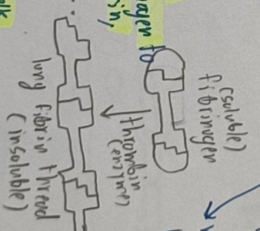
- prevent the wounds
- prevent foreign particles from entering the blood stream.

How does blood clot?

Blood exposed to air

platelets convert soluble fibrinogen to insoluble threads of fibrin, involving thrombin

Fibrin threads entangle blood cells and the whole mass forms a clot or a scab.



white blood cell



lymphocyte - produce antibodies

organ transplant

The organ may be treated as foreign body by the recipient's immune system

transplantability

wBC may produce antibodies to destroy the transplanted organ, organ rejection

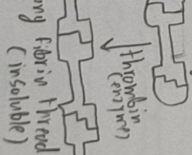
To prevent wBC from producing antibodies, the recipient have to consume immunosuppressive drug.

wBC may engulf and destroy foreign particles

wBC engulf and destroy foreign particles

wBC may engulf and destroy foreign particles

wBC may engulf and destroy foreign particles



phagocytosis

infectious diseases

wBC engulfs and destroy foreign particles

recognise pathogens

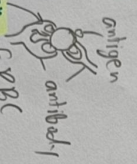
destroy disease-causing organisms, cause them to clump together for easy ingestion by phagocytes.

mediate the immune response by sending

agglutination of RBC

Certain antigen binds with specific antibodies e.g. Antigen A with antibody A, Antigen B with antibody B

There will be clumping because certain type of antibodies react with certain type of antigen



muscular wall that separates right & left side of heart

prevents the mixing of deoxygenated blood with oxygenated blood in the right side → Max. amt. of oxy. is transported to the body

Both ventricles
thicker muscular wall compared to atrium

left side has a thicker wall than the right side → the left side has to pump blood to the rest of the body while right side pumps blood to lungs.

Both atrium
receive blood from the veins

the comparatively thin muscular walls → only force blood into ventricle that lie directly above them → require ↑ pressure

Highest pressure
Artery → arteriole → capillaries → venules → veins
Lowest pressure.

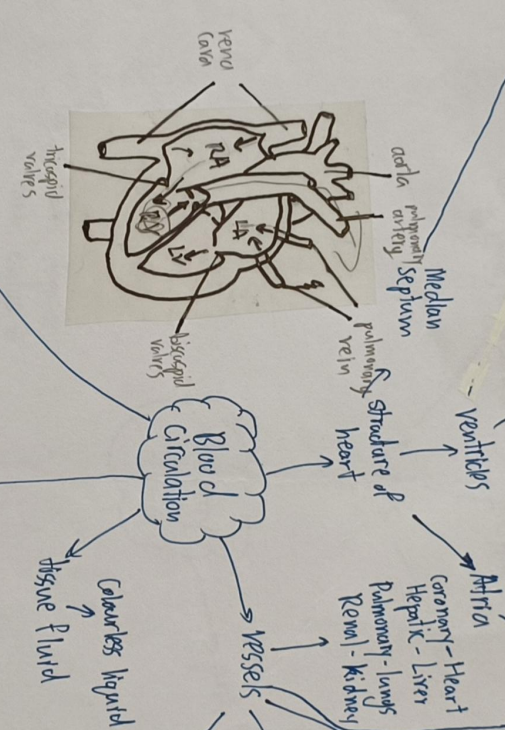
ppm → one cell thick → ↓ distance for diffusion
↑ surface area → ↑ rate of diffusion

Numerous branches → ↑ time for exchange
Lower pressure → ↓ blood flow → maintain steep conc. gradient
Continuous blood flow → maintain steep conc. gradient

Thick muscular wall and elastic wall → ↑ pressure in the blood
Elastic wall → allow stretch & recoil
able to contract & relax → direct blood to certain organs at certain times

Smaller lumen compared to veins
have valves → ↓ pressure → back flow
Thin walls → lesser muscular layer → no need to withstand pressure

Bigger lumen compared → ↓ cap. →



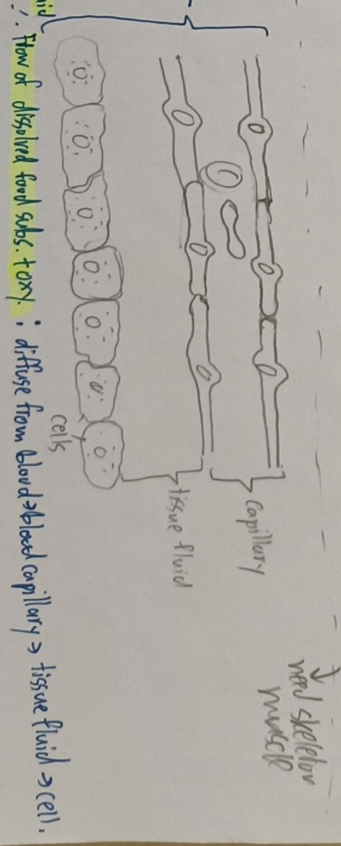
- Answer format for cardiac cycle
1. Blood enters the heart
 2. Atria distable
 3. Blood flows into the atria → ↑ in pressure in atrium
 4. Atria contract
 5. forces atrioventricular valves to open
 6. Bloods enters ventricle
 7. Ventricles contract:
 8. as atrium distable
 9. Atrioventricular valves close
 10. Semi-lunar valves open
 11. Bloods flows into aorta or pulmonary artery
 12. semi-lunar close

- Closure of bicuspid & tricuspid → produce a 'lub' sound
- Closure of semi-lunar → produce a 'dub' sound

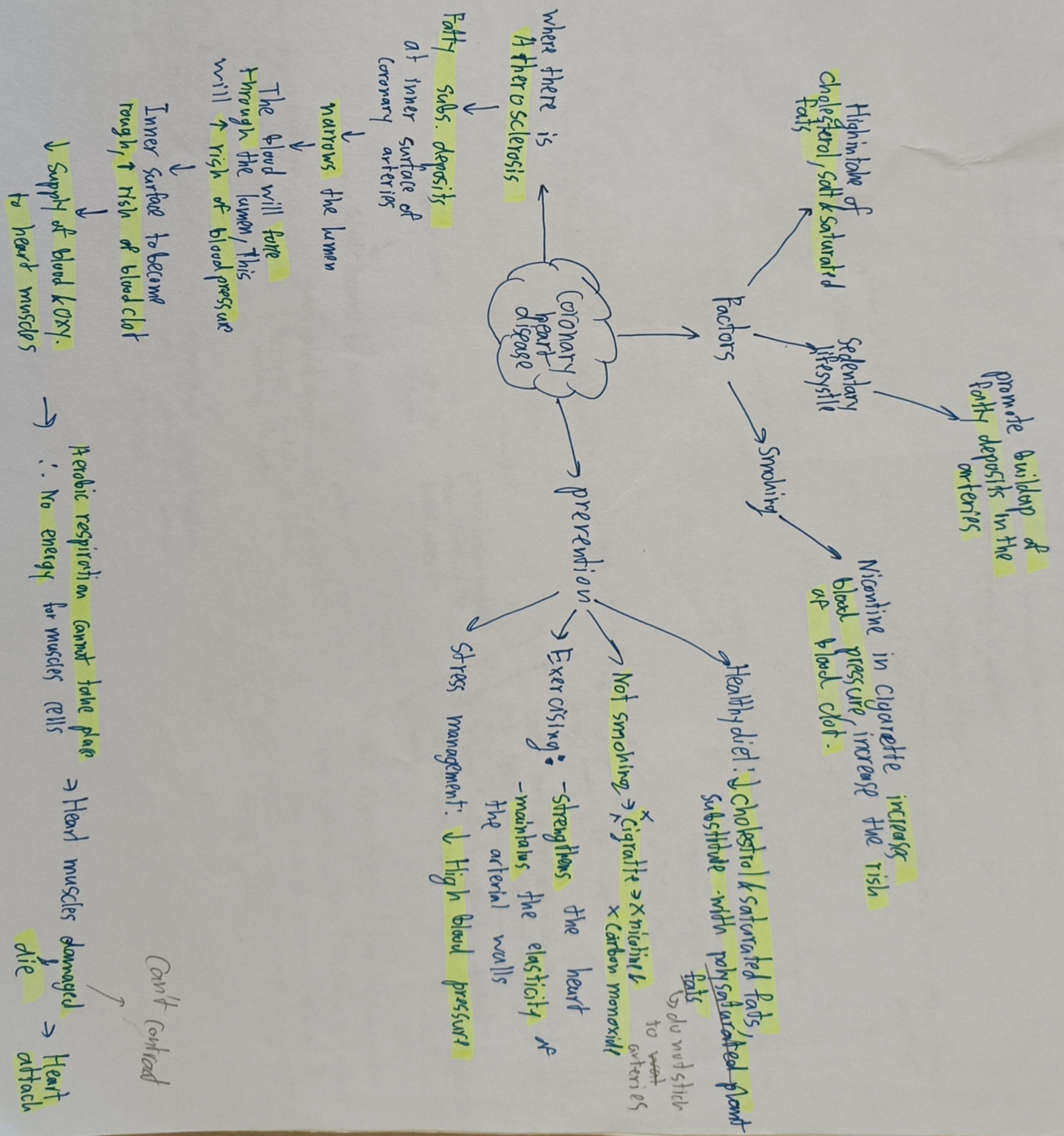
Cardiac Cycle → systole - contraction
diastole - relaxation

bloods are constantly moving
ensure ↑ conc. of O_2 in blood, ↓ conc. of O_2 in tissue fluid

steep conc. gradient
↑ rate of diffusion



Flow of waste products from cell: cell → tissue fluid → blood → blood capillaries, blood.



Aerobic respiration → release large amt. of energy
 → breakdown of glucose in the presence of oxy.
 → O_2 & H_2O are released as waste products
 → Glucose + oxy. → carbon dioxide + water
 → $C_6H_{12}O_6 + 6O_2 \rightarrow 6CO_2 + 6H_2O$
 → take place in mitochondria

Anaerobic respiration → release small amt. of energy
 → Breakdown glucose in the absence of oxy.
 → Glucose → Lactic acid toxic substance → cause pain & damage in cell

→ takes place in muscle cell

oxy. debt → amt. of oxy. required to remove lactic acid
 → what take place to pay oxy. debt → continues up ↑ heart rate
 → continuation of deeper & faster breathing
 → once lactic acid is removed from the liver, the oxy. debt is paid.

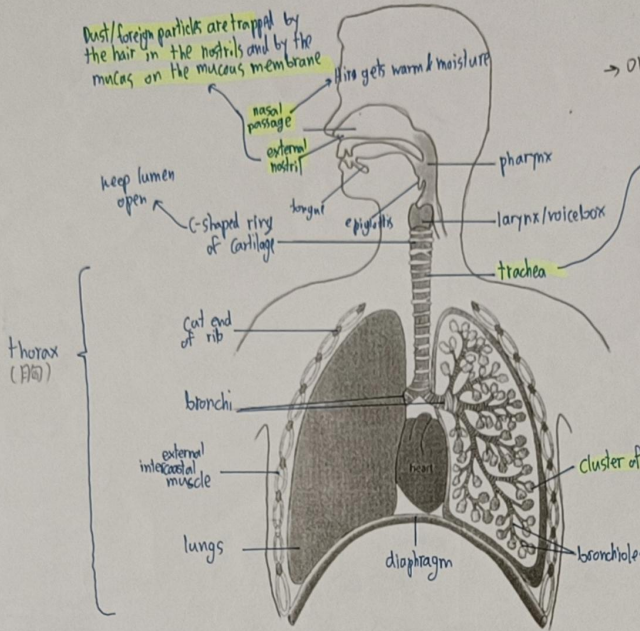
→ once lactic acid is removed from the liver, the oxy. debt is paid.
 Glands cells → secrete mucus to trap dust particles & bacteria

→ have hair-like structures called cilia on their surface
 → sweep the dust-trapped mucus up the trachea

→ numerous alveoli → ↑ surface area
 → one cell thick wall → ↓ distance → ↑ rate of diffusion
 → richly supplied with blood capillary → flow of blood maintain conc. grad. of gases

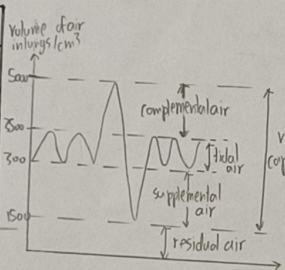
→ thin film of moisture → oxy. able to dissolve
 → elastic → can be stretched during inhalation
 → spherical shape → ↑ surface area

Flow of air
 ↓
 External nostril
 ↓
 nasal passage
 ↓
 pharynx
 ↓
 larynx
 ↓
 trachea
 ↓
 bronchi
 ↓
 bronchioles
 ↓
 Alveoli
 ↓
 blood capillary
 ↓
 RBC
 ↓
 Heart



Breathing in Breathing out

Event	Inspiration	Expiration
Diaphragm	contracts & flattens downwards	Relaxes & upwards
Intercostal muscles	RICE	ERIC
Ribcage	Moves up & out	Moves down & in
Sternum	moves up and forward	moves down to its original position
Thoracic volume	Increases	decreases
lung	Expand	decreases
Air pressure in lung	Lower than atmospheric pressure → air move in	higher than atmospheric pressure → air moves out



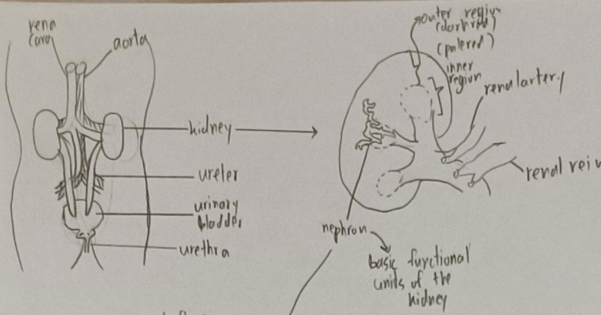
Chronic bronchitis + emphysema
 ↓
 Chronic obstructive lung disease
 Chronic: long-term bronchitis; inflammation

Diseases	Cause	effects
Chronic Bronchitis	Prolong exposure to irritants	Inflamed linings of bronchus secrete excessive mucus ↓ cilia on cells of linings become paralysed ↓ dust-trapped mucus cannot be removed ↓ blocked airways ↓ persistent coughing ↓ lung infections
Emphysema	Persistent & violent coughing due to bronchitis	Breakdown of partition walls of alveoli ↓ ↓ surface area for gaseous exchange ↓ ↓ elasticity of lungs ↓ lungs becomes inflated ↓ Breathing difficult ↓ wheezing & severe breathlessness
Lung Cancer	Smoking tobacco	uncontrolled division of cells producing outgrowths or lumps.

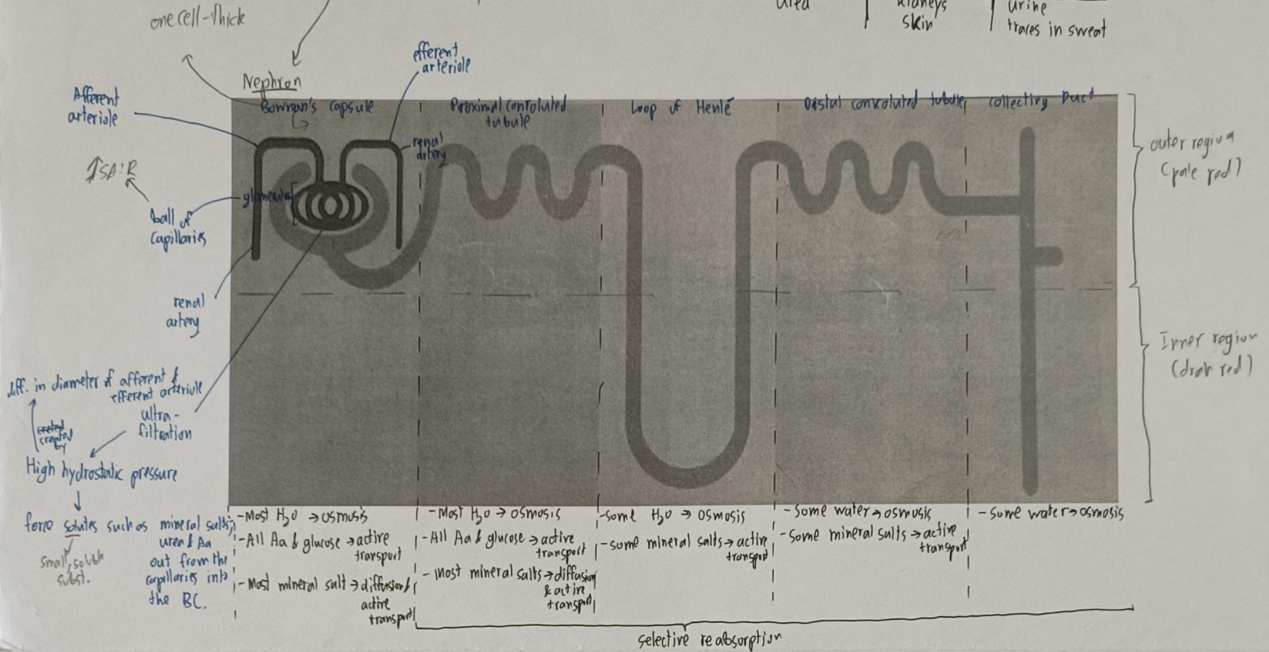
Chemicals in tobacco smoke	Effects
Nicotine (Cocaine)	→ ↑ heart rate & blood pressure → ↑ the risk of blood clot in the arteries → ↑ risk of coronary heart disease → Atherosclerosis must happen blood clot → ↑ risk of arteries to narrow.
Carbon monoxide	→ binds permanently with haemoglobin → ↓ ability to transport oxy. → ↓ haemoglobin available to transport oxy. → ↓ oxygen carrying capacity of blood → body cell experience more difficulty in obtaining sufficient oxy. from blood. → ↑ risk of coronary heart diseases
Tar	→ Cause uncontrolled cell division → ↑ risk of cancer in the lungs → ↑ risk of chronic bronchitis & emphysema → paralyse the cilia lining the air passages → dust particles trapped in the mucus lining cannot be removed

Excretion → the process by which the body removes metabolic waste products & toxic materials harmful to the body

Dai Jiacheng v8
chpt 2



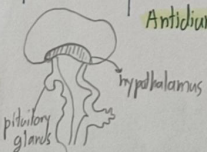
Excretory Products	Excretory Organs	Excreted As
CO_2	Lungs	expired air
Excess mineral salts	kidneys skin	urine sweats
Excess H_2O	kidneys skin	urine sweats
Urea	kidneys skin	urine traces in sweat



Osmoregulation is the control of w.p. and solute conc. in the blood to maintain a constant w.p. in the body.

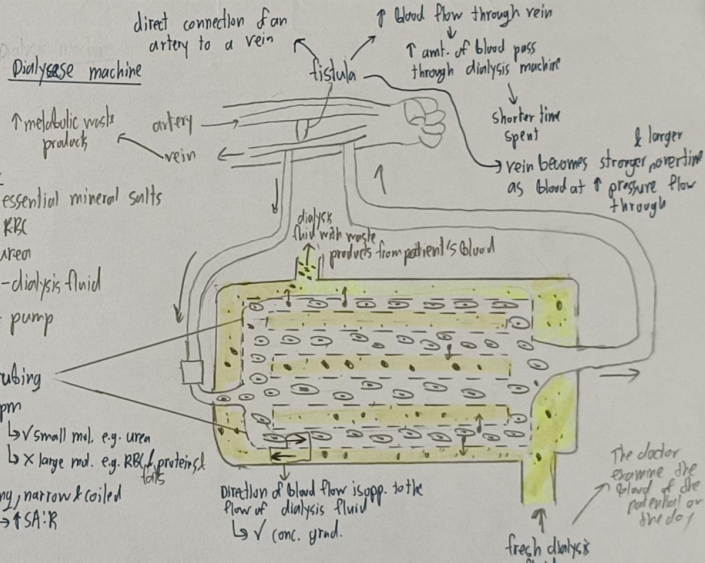
Stimulus	Wp of blood ↑	Wp of blood ↓
Receptor	Hypothalamus Stimulated	Hypothalamus Stimulated
Corrective Mechanism	- Less ADH released by pituitary glands into the bloodstream - Less ADH transported to the kidneys - Cells in the walls of the collecting ducts becomes less permeable to water ↑ water excreted - Urine more diluted ↑ urine produced	- More ADH released by pituitary glands into the bloodstream - More ADH transported to the kidneys - Cells in the walls of the collecting ducts becomes more permeable to water ↓ water excreted - Urine more concentrated ↓ urine produced
Reverse effect	Wp of blood ↓ back to normal level	Wp of blood ↑ back to normal level

Antidiuretic hormone (ADH)



purpose of regulating w.p.:

- The composition of blood plasma & tissue fluid need to be kept within narrow limits so that the w.p. of cells is kept constant
- Changes in w.p. affect body cells.
- cells will either crenate or burst in solutions with w.p. diff. from that in the plasma/tissue fluid.



common cause of kidney failure!

- high blood pressure
- diabetes
- alcohol abuse
- severe accidents that physically damage the kidneys
- complications from undergoing major surgery.

dialysis → 2-3 times/week
→ 3-5 hours/session

- Some conc. of essential subs. as healthy blood
- ↳ X diffuse of essential subs. out
- ↳ V diffuse of essential subs. in to blood, if patient's blood lack
- X metabolic waste
- ↳ V conc. grad.
- removal of waste products
- maintain V solute composition & w.p. of blood

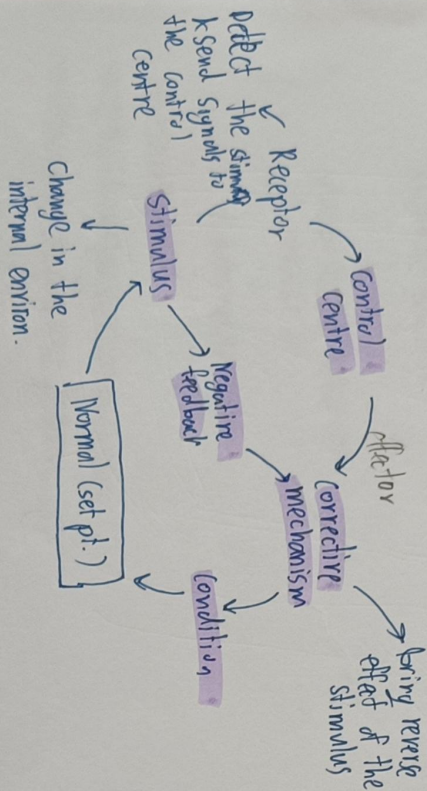
Homeostasis

↳ The maintenance of a constant internal environment

↳ Examples: → Body temp.

→ w.p. of blood & tissue fluid

→ Blood glucose conc.



Negative feedback: A sequence of events that happen to restore the system to its original state when the system is disturbed.

Hormone:

↳ Chemical subst. produce in minute quantities by an endocrine glands
 ↳ Transported in the bloodstream to target organ where it exerts its effect
 ↳ After performing their functions → destroyed in the liver
 ↳ excreted by the kidney

↳ Alters the activity of one or more specific target organ

Exocrine gland v.s. Endocrine gland

↳ hr a tube/duct to carry their secretion away

↳ DH duct
 ↳ Directly secreted into bloodstream

↳ E.g. Salivary glands
 ↳ Salivary duct

↳ E.g. Pituitary glands
 ↳ secrete ADH directly into bloodstream

↳ Both endocrine & exocrine gland: Pancreas

↳ Hr pancreatic duct to carry pancreatic juice to duodenum

↳ Islets of Langerhans secrete Insulin & glucagon into blood stream

Insulin

Lack of secretion:

- muscle cells hr no reserves of glycogen the body grows weak & continuously lose weight
- glucose not stored by tissue cells

↓
↑ glucose conc.

↓
glucose found in the urine

↓
diabetes mellitus

oversecretion:

- ↓ blood ~~con~~ glucose conc. → shock
- Seizures / collapsing may follow

Function:

- ↑ permeability of the C.M. to glucose
∴ glucose is absorbed more quickly
- ↑ oxidation of glucose during aerobic respiration
- conversion of excess glucose to glycogen for storage in the liver & muscle

Glycogen

Function:

- conversion of fats & A.A into glucose
- conversion of stored glycogen back to glucose

glycogen
glycogen
glucose

Regulation of blood glucose conc.

above normal

Below normal

Islets of Langerhans in the pancreas is stimulated

→ ↑ Insulin is secreted into the bloodstream

→ Blood transports the Insulin to the liver & muscles

→ Blood glucose conc. ↓

→ feedback to the receptor to reduce insulin production

→ glycogen is secreted into the bloodstream

→ Blood transport the glycogen to the liver & muscle

→ Blood glucose conc. ↑

→ feedback to the receptor to ↓ glycogen production

Take note:

→ Describe the function of Insulin & glycogen.

Insulin injection → dangerous without consuming food

↳ person might faint / fall into a coma

↳ blood glucose conc. too low + cells lack glucose for aerobic respiration.

Diabetes Mellitus

↳ Body is unable to control its blood glucose conc.

↳ glucose conc. too high

↓
kidney can't reabsorb all glucose

↓
urine got glucose

→ Type 1 diabetes (Juvenile/early-onset diabetes)

↳ Islets of Langerhans can't produce sufficient

insulin

↳ Insulin injections

→ Type 2 diabetes (Late-onset diabetes)

↳ Target organs such as liver & muscle lose sensitivity to insulin

↳ Treatment:

↳ Diet lower in carbohydrates

↳ Exercise regularly

↳ Inject insulin / take medication

↳ ↑ body's sensitivity to insulin

→ Signs & symptoms

↳ Persistent ↑ blood glucose lvl

↳ presence of glucose in urine

↳ Frequent urination

↳ Frequently feeling dizzy, fatigue

↳ Unexpected weight loss

↳ Wounds take longer to heal
↳ blood flow ↓ ↓ deliver nutrient

→ Risk factors of type 2 diabetes

↳ Obesity / overweight

↳ Age

↳ Family history → Inherited

↳ Sedentary lifestyle

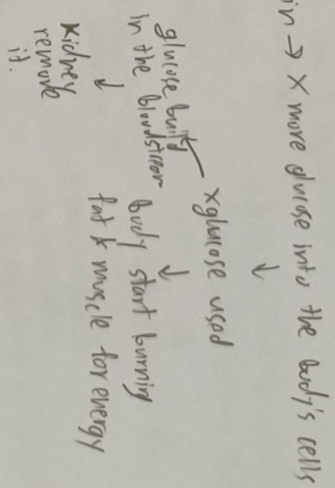
↳ Unhealthy life blood lipid levels

→ Prevention

↳ Exercise regularly, maintain healthy weight

↳ Eat balanced, healthy diet, low in calories & ↑ in fibre

↳ ∴ improving blood lipid levels



→ Hypothalamus monitors & regulate body temp

detect changes & initiate self-corrective mechanism

→ stimulus → body temp

↳ above normal

detected by the thermoreceptors in the skin & hypothalamus is stimulated

↳ below normal

→ Arterioles in the skin constrict
↳ ↓ blood flow thru. B.C.

↓ heat loss via skin

→ sweat glands
↳ less active
↳ ↓ production of sweat

↓ evap.

↓ heat loss from skin

→ metabolic rate ↑

↑ heat release in body

→ shivering

↳ rapid contraction & relaxation of the skeletal muscle

↑ rate of aerobic respiration

↑ heat released in the body

→ sweat glands
↳ more active
↳ ↑ production of sweat

↓ evap.

↑ heat loss from skin

→ metabolic rate ↓

↓ heat release in body

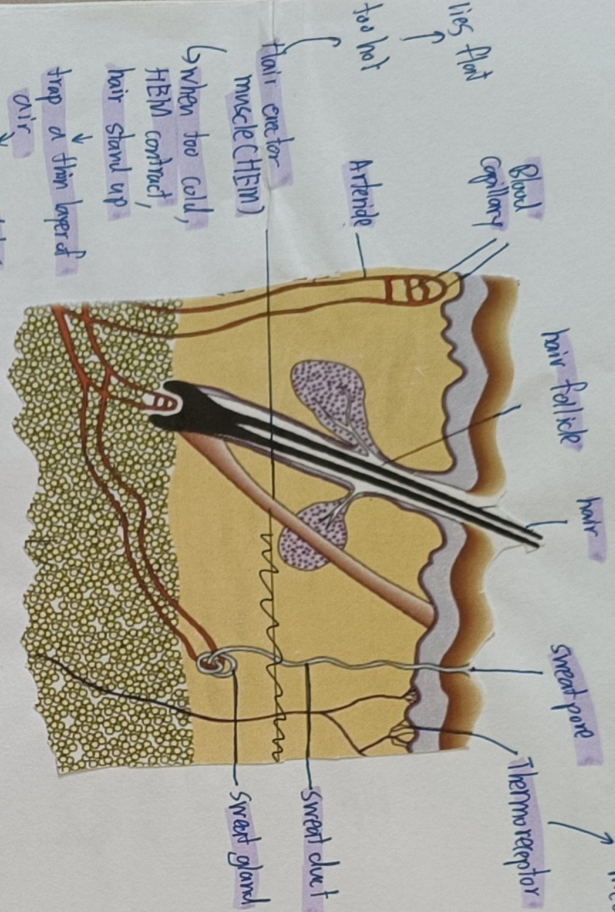
After exercise

↳ wipe the sweat away first → so that the residue such as salt is left on the skin will be cleared away

↳ ∴ allow new sweat to be released

↳ allowing us to cool down faster.

↳ stand under fan afterwards



way of heat gain by body:

→ vigorous muscular exercise

→ consumption of hot food

→ Being in warm environment

vasodilation: skin turn red

vasoconstriction: skin turn pale

way of heat loss by body:

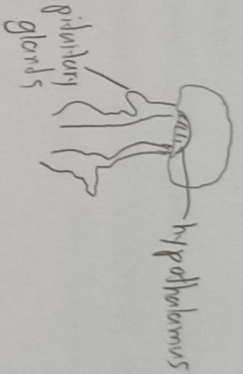
→ Through skin surface via convection radiation & conduction

→ evap. of sweat

→ Excess faeces & urine

→ Air expelled

Osmoregulation is the control of w.p. & solute conc. in the blood to maintain a constant w.p. in the body



Antidiuretic hormone (ADH)

stimulus $\rightarrow$ w.p. of blood

increase

osmoreceptor detect in the w.p.

hypothalamus stimulated

decrease

$\rightarrow$ less ADH released by pituitary glands into the bloodstream
 $\rightarrow$ less ADH transported to the kidney

$\rightarrow$ More ADH released by pituitary glands into the bloodstream
 $\rightarrow$ More ADH transported to the kidney

$\rightarrow$ cells in the walls of the collecting ducts become less permeable to water

- $\downarrow$
- $\uparrow$ water excreted
- urine more diluted
- $\uparrow$ urine produced

$\rightarrow$ cells in the walls of the collecting ducts become more permeable to water

- $\downarrow$
- $\downarrow$ water excreted
- urine more conc.
- $\downarrow$ urine produced

$\rightarrow$ Reverse $\rightarrow$ w.p. of blood effect $\downarrow$ back to normal

$\rightarrow$ w.p. of blood $\uparrow$ back to normal

purpose of regulating w.p.:

$\rightarrow$ The composition of blood plasma & tissue fluid need to be kept within narrow limits so that the w.p. of cells is kept constant

w.p. Affecting body cell.

cells will either crenate or burst in solutions with w.p. diff. from that in the plasma/tissue fluid.

- water lost:
- Urine
 - Sweat
 - breathing out - thin layer of moisture on the surface of alveoli.
 - faeces

axons: shortest pathway by which nerve impulses travel from the receptor to the effector in a reflex action

Sensitivity
ability to react to changes in its surroundings

junction bet. two neurones
The neurones release chemicals that help transmit nerve impulse across synapse
diffusion only

terminal nerve fibre

synapse

Relay neurone

↳ connects both neurones

Receptor in the skin

Sensory neurone

Relay neurone in the spinal cord

Brain

Brain

Relay neurone in the spinal cord

under conscious control

Motor neurone

Effector

Short nerve fibre

Sensory neurone

long nerve fibre
↳ Insulator
↳ prevent nerves from losing impulse lost

Spinal & brain keep ourselves safe spreads to danger

central nervous system (CNS)

↳ consist of brain & spinal cord

peripheral nervous system (PNS)

↳ consist of cranial nerves, spinal nerves & the sense organs

nerve fibre

↳ a strand of cytoplasm extending from the cell body

motor neurone

nerve fibre

spinal nerve

↳ connect spinal cord to various body parts
↳ contains both sensory & motor neurones

sense organ (receptor)

↳ generate impulses

muscle fibres (effector)

↳ glands

Identify neurone!

↳ cell body & cells impulse direction of nerve impulse

allow nerves impulse to jump from one point to the another - organ etc

protected by skull

CNS

spinal cord

Brain
Cranial nerves
spinal nerve

protected by vertebral column (sacchore)

nucleus

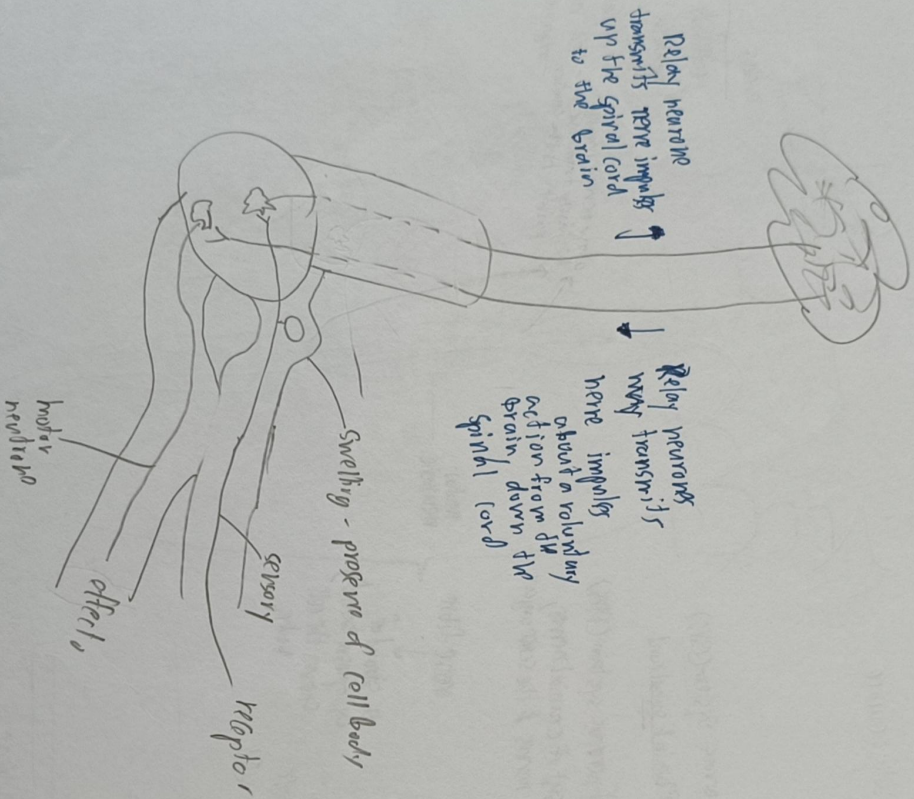
cell body

cytoplasm

contain:

- nucleus
- cytoplasm
- cell membrane

Voluntary action



Describe how the neurone above receives impulse

- Nerve impulse from the relay neurone travels across a synapse by neurotransmitters to the motor neurone

voluntary)
 reflex action: immediate response to a specific stimulus without conscious control

2 groups:

- Cranial reflexes

↳ by the brain

↳ occur in the head region

↳ e.g. pupil reflex, blinking & salivation

- Spinal reflexes

↳ by the spinal cord

↳ e.g. knee jerk reflex & withdrawal of hand when touching hot object

Sensory neurone:
 The sensory neurone transmits the nerve impulse to spinal cord

Cause result

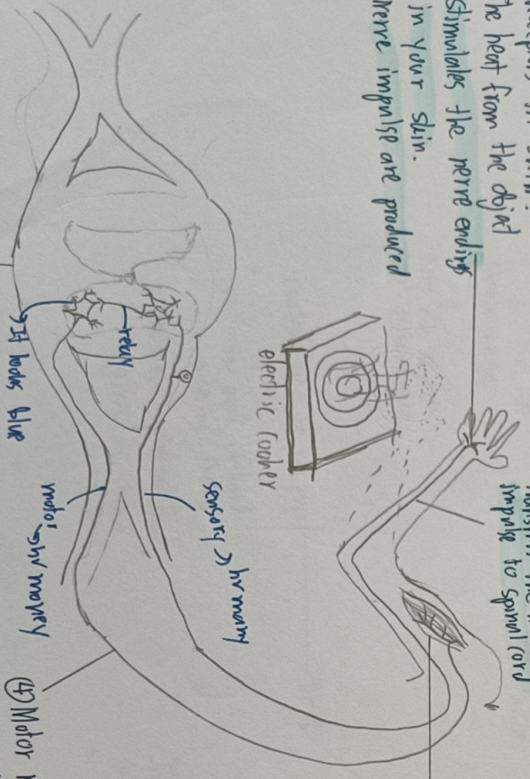
Stimulus → e.g. heat, light intensity, response → e.g. move hand away

Stimulus → e.g. heat, light intensity, target organ

Endocrine control	Nervous control
Involves hormones as signals	Involves nerve impulses as signals
Hormones are transported by the blood	Nerve impulses are transmitted by neurones
Response may be short-lived/long lived	Response are short-lived
always involuntary	May be voluntary/involuntary
May affect 2 nd target organ	usually localized

~~conscious~~ reflex action
 ↳ voluntary
 ↳ under conscious control
 ↳ intentionally on purpose

① Receptors in skin:
 The heat from the object stimulates the nerve endings in your skin.
 nerve impulses are produced



② Effector muscle:
 Your biceps muscle then contracts & causes the hand to withdraw suddenly

③ Spinal cord:

the nerve impulses are transmitted first across a synapse to the relay neurone, & then across another synapse to the motor neurone

④ Motor neurone:

transmits the nerve impulses from the spinal cord to the effector.

If there is hand injury → can't feel the heat

can self-harm

move your own hand

~~sense~~
 the eye can tell you what your ear hear.

stimulates e.g. nerves cells

↳ all in nucleus (terminal) nerve fibres

↳ all in cell body

↳ both carry both carry messages transmit nerve impulses

difference

↳ relay is shorter than others

↳ sensory in a cell body within the same nerve cell

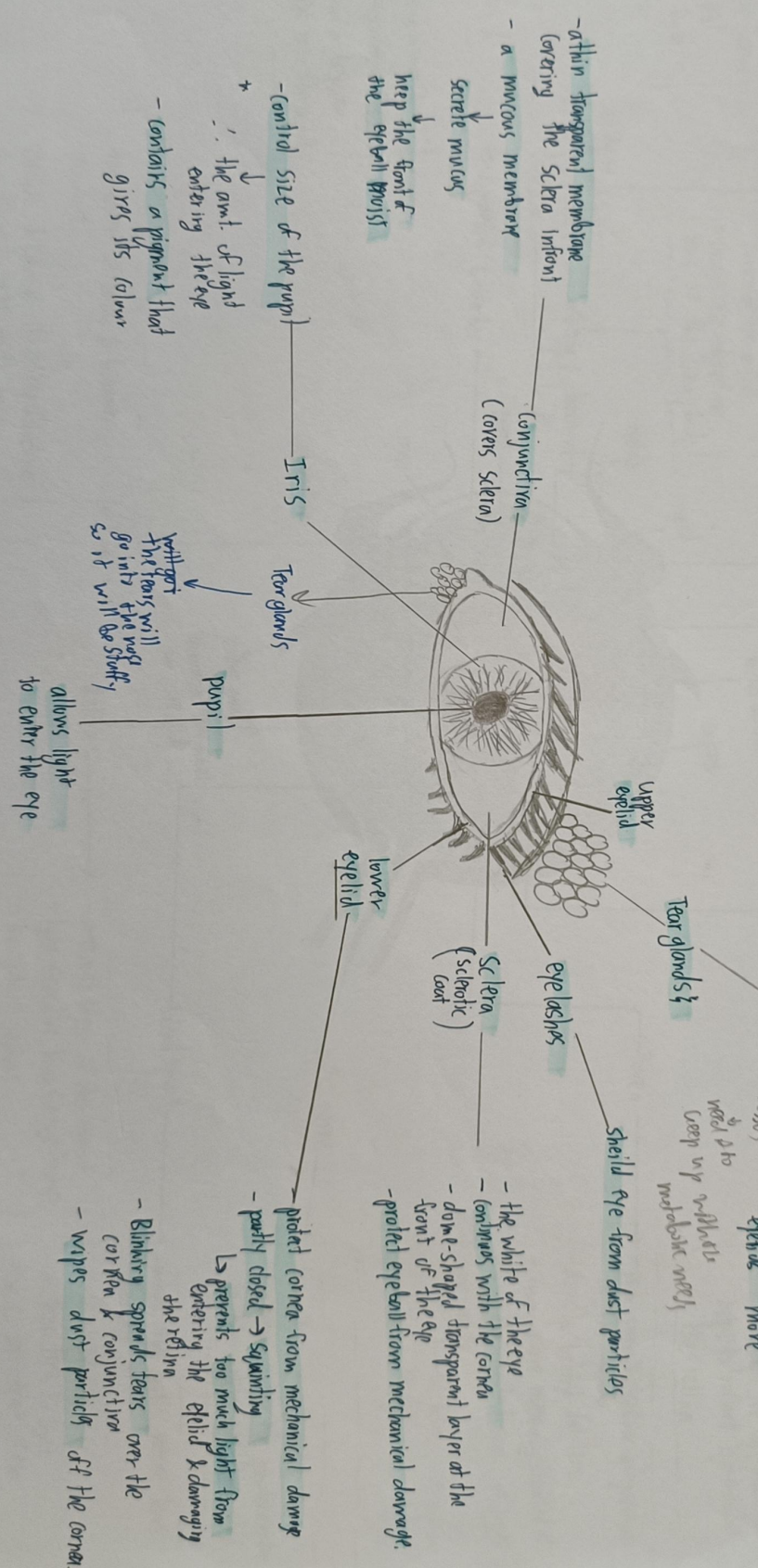
↳ relay in nerve fibres

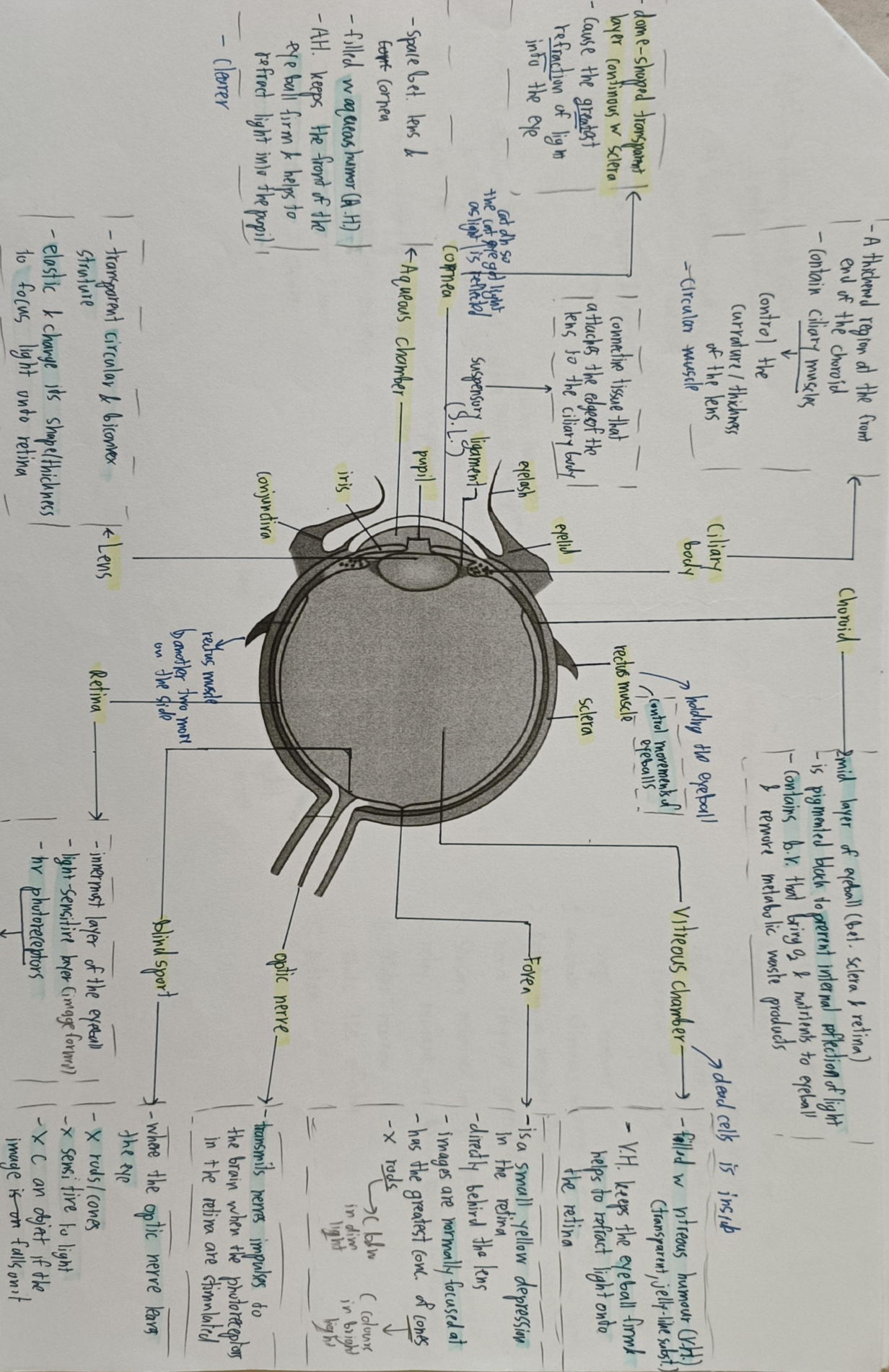
↳ only sensory in a long neurone fibre

↳ sensory & motor in nerve bundle

1. light $\rightarrow$ stimulus
2. photoreceptor $\rightarrow$ detected & send nerve impulses

Brain interprets the n.i, enabling the person to see





distant object $\rightarrow$ ciliary muscle relax
& pull on the S.L.

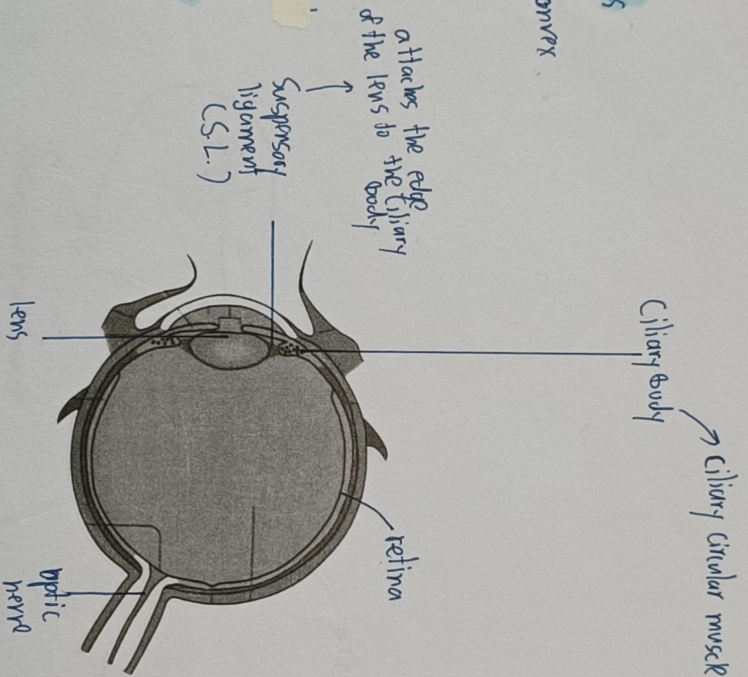
$\rightarrow$ S.L. taut, pull on
the edge of the lens

$\rightarrow$ lens thinner & less convex
& longer

Near object $\rightarrow$ ciliary muscle contract
& relax their pull
on the S.L.

$\rightarrow$ S.L. taut & slacken &
relax their pull on len.

$\rightarrow$ len thicker & more
convex & shorter



$\rightarrow$ Focusing (accommodation)

$\hookrightarrow$ Adjustment of the lens of the
eye so that clear images of
objects at diff. dist. are
formed on the retina.

Steps to answer:

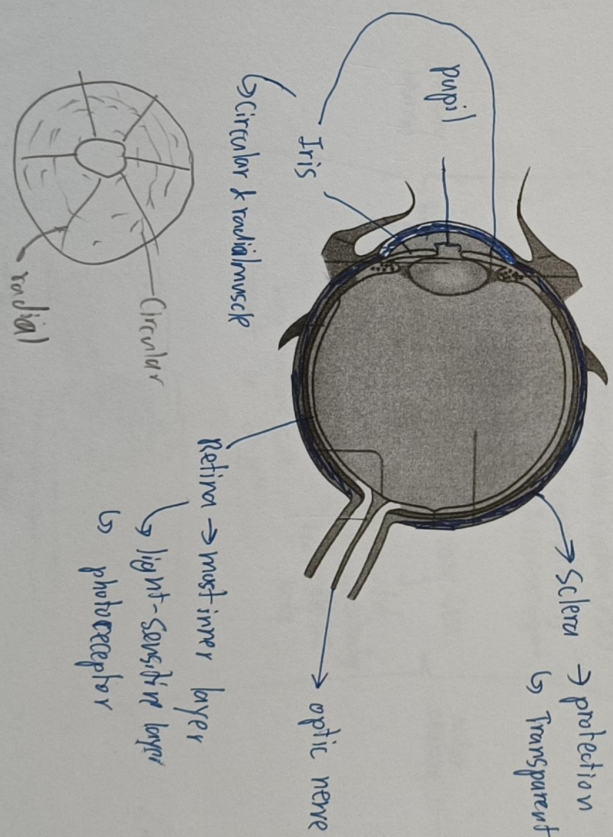
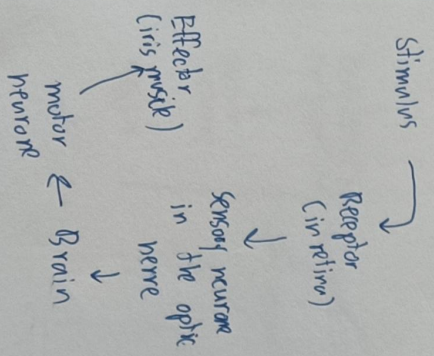
1. state stimulus $\rightarrow$ change in dist. of object or
change in light intensity
2. Detect by a receptor from...
3. nerve impulse generated
4. Sensory neurone in optic nerve across synapse
5. relay neurone in brain / spinal cord across
synapse
6. Motor neurone
7. state the effector
8. Action

→ Benefits of pupil reflex to the eye:

- automatic → xkerning
- prevents excessive light from entering the eye & damaging the retina

- Immediate response
- allow enough light to enter to eye to allow us to C.

Pathway of nervous:



The pupil size also increase when:

- frightened, happy, crying
- so that they can capture as much light (info.) as possible.

why the pupil take longer to dilate than contract?

→ too much light → damages the photoreceptor cells in the retina

→ Dilates slowly → dim light

↓

x damage

water plant

→ Differences:

- They hv their stomata on the upper epidermis

- Xylem at the lower epidermis

↳ x hv to prevent excessive water loss

- lower epidermal cells hv chloroplast

↳ there is so many air chamber to trap air

→ hv air chamber

↳ floatation

↳ trap gasses

vascular bundle
transp. ↓

xylem
phloem

hollow

transp.

(spongy)

lost too much water

↓

phloem

cuticle

movement of gasses

stomatal pore → will not all close

needed for transpiration

drawing of land plant

prevent excessive water loss via evap.

waxy

cuticle

allow light to pass thru.
transparent

upper epidermis → contain upper epidermal cells

consist of 2-3 layers of closely packed, long cylindrical cells
↳ absorb as much light

specialised for photo. → conc. of chloroplast

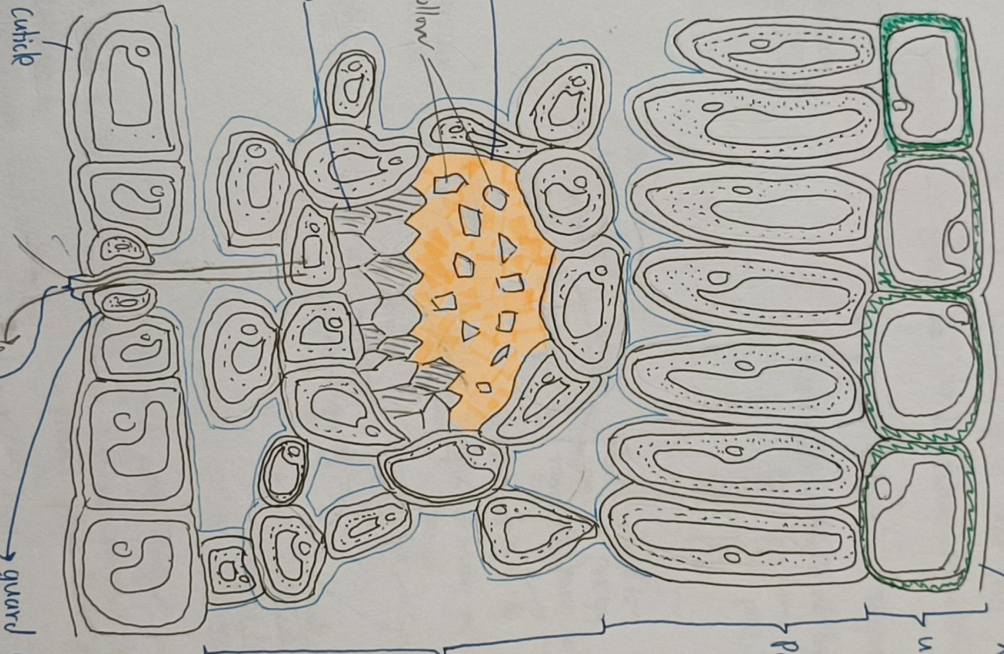
exchange of gasses
cells of irregular shape
↳ provide intercellular air spaces
↳ store gasses → O_2 & H_2O
↳ rapid diffusion

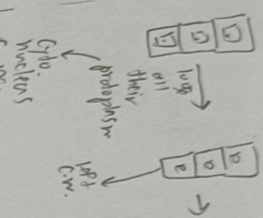
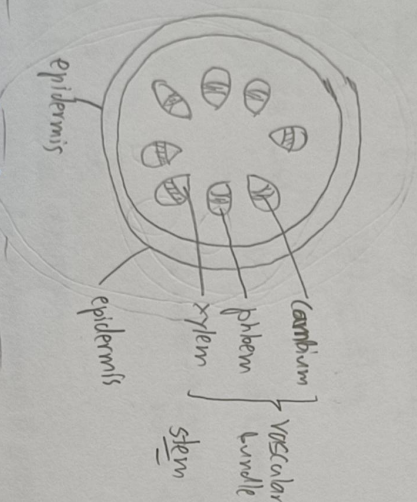
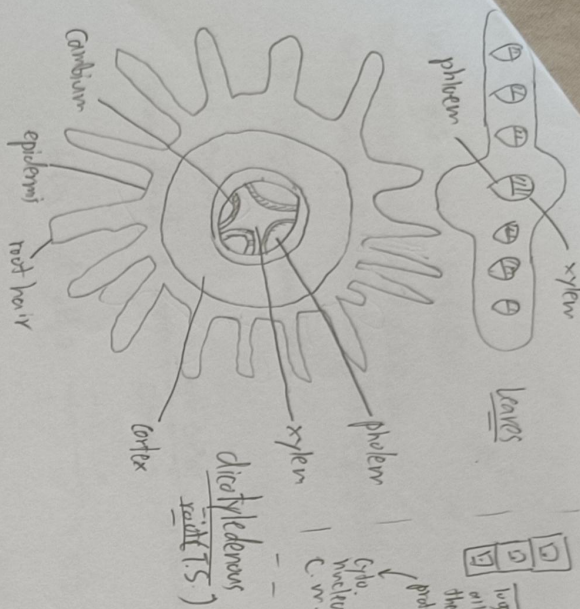
fewer chloroplast than palisade
↳ absorb sunlight that was not trapped by palisade
covered w a thin film of moisture
↳ allow O_2 to dissolve in it
↳ hv large SA:V

contains transp. tissue
↳ vascular bundle

guard cell → contain chloroplast
a layer of closely packed lower epidermal cell

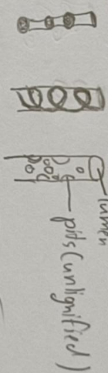
regulate rate of transpiration
needed for transpiration
have inv. for respiration





Xylem → in a cell pic → the water holes are even
 → one direction
 - To conduct water & mineral salts up from the roots
 ↳ made up of dead cells without cytoplasm/cross-walls
 ↳ require energy
 ↳ ↓ resistance to water flowing through

- To provide mechanical support to the plant as water flows through



- Transpiration pull (main)

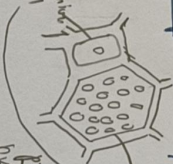
↳ The suction force created due to transpiration that pull water & mineral salts up the xylem

↳ Transpiration

↳ The loss of water vapour from the aerial parts of a plant mainly through the stomata of the leaves

- The 'cross-wall' separate the cells have a lot of pores

In a cell pic
 ↳ the holes are uneven
 - To transport phloem → both direction
 ↳ require energy
 ↳ transport food from the leaves to other parts of the plant
 ↳ Sucrose, A.A. to mineral salt to form protein
 ↳ Active transport → many mitochondria in companion cell
 ↳ must state when answering the question companion cell
 ↳ Sieve tube → contain sieve plates
 ↳ Sieve tube cells
 ↳ provide nutrients & help it to transport manufactured food



Importance of active transport in R.H.C

↳ obtain sufficient mineral salts

↳ prevent plant from drying from nutrient deficiency

↳ ↓ w.p. → H₂O osmosis

↓
 remain turgid & x dehydrated

Adaptation of leaf shape

- Thin blade leaf → a.s.h.v → maxi. light absorb for P.S.

↳ ↓ the diffusion dist. for gases to reach mesophyll cells quickly.

↳ allows light to easily penetrate thru. the leaf to reach all mesophyll cells.

Synthesis

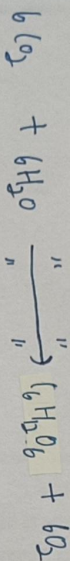
↳ The process whereby CO_2 & H_2O are converted into O_2 & glucose, in the presence of light energy & chlorophyll

only deep phloem

↳ Oxygen produced first

↳ word equation:

Carbon dioxide + water $\xrightarrow[\text{Chlorophyll}]{\text{light energy}}$ Glucose + oxygen



↳ Factors of P.S.: ① light intensity → most imp.

external factor
↓
plants can't control

② conc. of CO_2

③ temp.

④ presence of chlorophyll

⑤ water → ensure plant remains turgid

→ Uses of glucose:

- Used in aerobic respiration

- stored as starch for energy storage if excess

- synthesise cellulose → cell wall

- convert to sucrose → transport

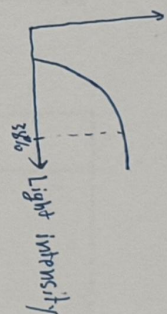
- convert to A.A. → form protein
↓
building stuff → build new cell parts

- convert to fats → storage

→ build new cell parts

Light intensity

Rate of P.S.



limiting factor

• As LI ↑, the rate of P.S. ↑ until a constant & maximum is reached

• ∴ ↑ light means ↑ energy trapped for P.S.

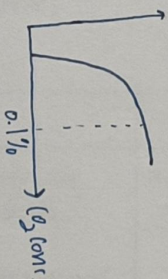
• B4 38%, LI is limiting factor

• After 38%, LI is no longer limiting factor other is the limiting factor

preserving forward

CO_2 conc.

Rate of P.S.

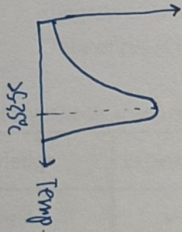


• As CO_2 conc. ↑, rate of P.S. ↑ until a constant & maximum is reached

• ∴ ↑ CO_2 means ↑ glucose can be produced → provide carbon

Temp. → enzyme

Rate of P.S.



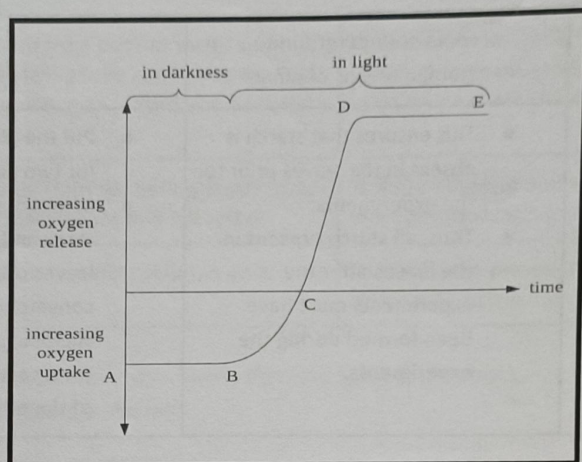
• As temp. ↑ to optimum temp, the rate of P.S. ↑

• As temp. ↑ beyond optimum temp, the rate of P.S. ↓

denaturation

Use word like steeply, gradually

→ data to support it



- At point B, there is a decrease in oxygen uptake and an increase in oxygen release. The rate of photosynthesis increases. **Photosynthesis starts at point B**, as soon as the plant starts to release oxygen. This is because oxygen used up per unit time is lower, meaning that some of the oxygen used up by respiration is being offset by small amounts of oxygen produced by photosynthesis.
- At C, the amount of oxygen released is equal to the amount of oxygen absorbed. This suggests that the rate of photosynthesis is equal to the rate of respiration. (Note: ✗ "rate of p/s is the **same as** rate of r/s")

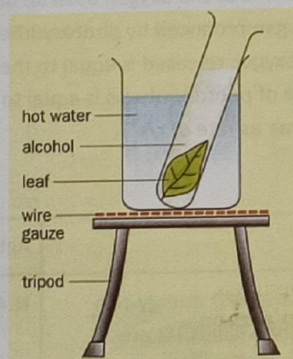
5. Photosynthesis experiments

Basic Knowledge	Explanation	Action to take
Glucose is first formed from carbon dioxide during photosynthesis.	• The simplest energy-rich organic molecules are carbohydrates. • The simplest stable form of carbohydrates are the monosaccharides, e.g. glucose.	N.A.
Presence of starch in the leaves suggests that photosynthesis has taken place.	• When glucose is formed more quickly than it is used up, the excess glucose is converted to starch for storage. (Under the presence of light, the rate of photosynthesis is higher than the rate of respiration.) • However, starch formation is not photosynthesis – starch can be formed even in the	Test for starch using iodine test.

	roots or underground storage organs of plants.	
De-starching (removal of starch) must be carried out on the plants before the experiments.	- This ensures that starch is absent in the leaves prior to the experiments. - Thus, all starch present in the leaves after the experiments must have been formed during the experiments.	- Put the plants in the dark for two days. - In darkness, photosynthesis stops and enzymes in the leaves catalyse the conversion of starch to sucrose, which is transported to other parts of the plant.

a. Factors necessary for photosynthesis

Experiment 1: Test for starch in a leaf:



Test on leaf specimen P1.

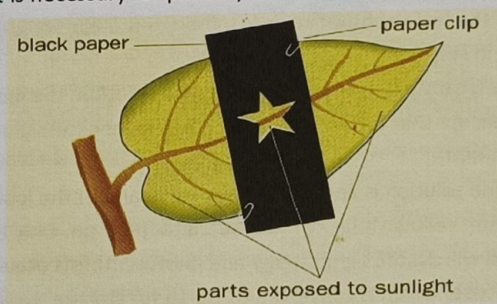
Step	Action	Purpose
1	Plant containing P1 was placed in a dark room for 48 hours.	To destarch the plant so that any starch present in P1 later is only formed during the experiment.
2	Plant containing P1 was placed under the Sun for 5 hours before P1 was removed from the plant.	To allow the plant to carry out photosynthesis.
3	P1 was placed into a beaker of boiling water.	To denature all enzymes in P1 so that starch formed through photosynthesis is not converted to glucose . The high temperature also destroys the cell membranes of the leaf cells.

4	P1 was removed from the hot water and placed into a boiling tube containing ethanol. The boiling tube is then placed into a beaker of boiling water.	To remove chlorophyll from P1 so that the colour change caused by the iodine solution later will be more easily visible.
5	P1 was removed from the boiling water using a forcep and placed back into hot water.	To soften the leaf and make the leaf cells more permeable to iodine solution.
6	P1 was stained with iodine solution on a white tile.	To test for the presence of starch and observe its distribution in P1.

Observation: The iodine solution turns from yellowish brown to blue-black.

Conclusion: Starch is present in the leaf.

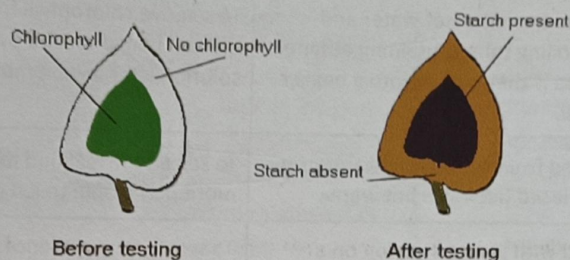
Experiment 2: Test if light is necessary for photosynthesis:



1. Destarch a potted plant by placing it in the dark for two days.
2. Remove one leaf. Test it for starch as described in Experiment 1.
3. Sandwich a leaf, which is still attached to the plant, between two pieces of black paper. Each paper has a certain pattern cut out from it. Fasten the papers with paper clips. Place the plant in strong sunlight.
4. After a few hours, remove the leaf and test it for starch.
5. Make a drawing of the leaf to show the regions that are stained blue-black.
 - a. Before the treatment of the leaf with iodine solution, the leaf must be **de-starched**. This is to ensure that the formation of starch from excess glucose occurred during the experiment.
 - b. When iodine solution is applied to the parts exposed to light, the iodine solution changes from yellowish-brown to blue-black. (Reason: The chlorophyll in the chloroplasts absorb light energy for photosynthesis, producing **excess glucose** which is converted to starch for storage.)
 - c. When iodine solution is applied to the parts that were covered by the black paper, the iodine solution remains yellowish brown. (Reason: The chlorophyll in these parts were not exposed to light, so light energy cannot be absorbed by chlorophyll for photosynthesis to occur.)

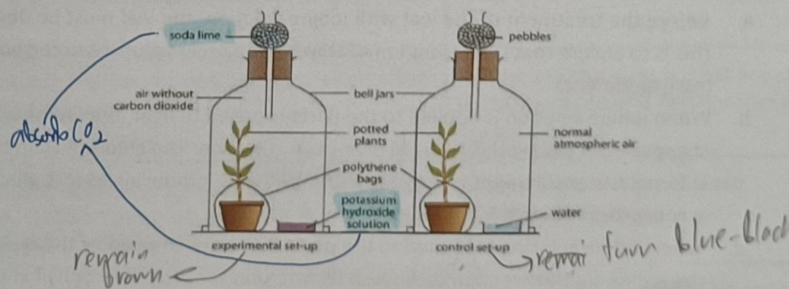
Experiment 3: Test if chlorophyll is necessary for photosynthesis:

Test if Chlorophyll is necessary for p.s.



1. Destarch a plant with variegated leaves by placing it in the dark for two days.
2. Expose the plant to strong sunlight for a few hours.
3. Remove one leaf. Make a drawing to show the distribution of the green parts, i.e. the parts that contain chlorophyll.
4. Decolourise the leaf and test it for starch.
5. Make a drawing of the leaf to show the distribution of the blue-black colour. Compare this with your drawing in step 3.
 - a. Before the treatment of the leaf with iodine solution, the leaf must be **de-starched**. This is to ensure that the formation of starch from excess glucose occurred during the experiment.
 - b. When iodine solution is applied to the green parts of the leaves, the iodine solution changes from yellowish-brown to blue-black. (Reason: Only those parts containing chlorophyll will absorb light energy and photosynthesis occurs, which produces **excess** glucose, which is converted to starch for storage, so starch is present.)
 - c. When iodine solution is applied to the non-green parts of the leaves, the iodine solution remains yellowish-brown. (Reason: Chlorophyll is absent in these parts of the leaves, hence, light energy cannot be absorbed and photosynthesis does not occur, so no glucose is produced. Thus, this does not give rise to excess glucose converted to starch for storage, so starch is absent.)

Experiment 4: Test if carbon dioxide is necessary in photosynthesis:



1. Destarch two potted plants by placing them in the dark for two days.
2. Enclose the pots in polythene bags. Secure the bags to the plant stems.
3. Place one pot in the bell jar. The plant does not have a supply of carbon dioxide from the air because **soda lime and potassium hydroxide solution rapidly absorb carbon dioxide**. Leave the whole apparatus in strong sunlight for a few hours.

4. Set up a control using pebbles and water in place of soda lime and potassium hydroxide solution respectively. Leave the control apparatus in strong sunlight for a few hours.

Notes:

a. Chemicals used:

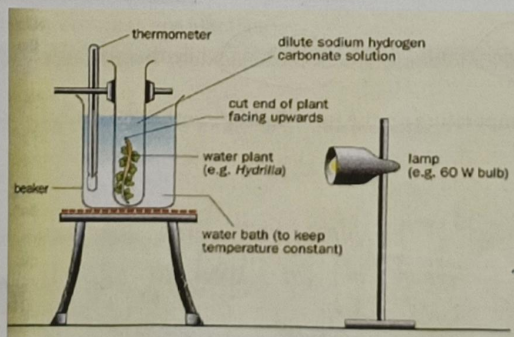
- i. The soda lime serves as a "filter". The soda lime absorbs carbon dioxide from the atmospheric air that enters the bell-jar.
- ii. The sodium hydroxide serves to remove the remaining carbon dioxide in the bell-jar.
- iii. The soda lime and sodium hydroxide hence ensure that there is no carbon dioxide present in the bell-jar.

b. The soil is covered with a polythene bag:

- i. To prevent water loss by evaporation of water in the soil.
- ii. To prevent the contribution of carbon dioxide into the air in the set-up by microorganisms living in the soil that respire.
- iii. When iodine solution is applied to the leaf exposed to air with carbon dioxide, the iodine solution changes from yellowish-brown to blue-black. (Reason: Carbon dioxide is required in photosynthesis. It is reduced by hydrogen to glucose. The excess glucose formed in photosynthesis is converted to starch for storage, so starch is present.)
- iv. When iodine solution is applied to the leaf exposed to air without carbon dioxide, the iodine solution remains yellowish-brown. (Reason: Carbon dioxide is required in photosynthesis. It is reduced by hydrogen to glucose. Without carbon dioxide, no photosynthesis occurs, so no glucose is produced. Thus, this does not give rise to excess glucose converted to starch for storage, so starch is absent.)

b. Factors affecting the rate of photosynthesis

Experiment 1: Effect of light intensity on the rate of photosynthesis:



1. Set up the apparatus as shown above with the cut end of the water plant positioned upwards.

- Air bubbles are given off from the cut end of the plant. Allow some time for the plant to adapt to the conditions provided before taking readings.
- When the bubbles are produced at a regular rate, count the number of bubbles over a period of 5 minutes. Repeat this a few times to obtain the average rate
- Repeat step 3 with the light source closer to the plant, e.g. 80 cm, 40 cm, 30 cm, 20 cm, 15 cm and 10 cm. The nearer the light source is to the beaker, the higher the light intensity that the plant is exposed to.
- Record your results in a table. Plot a graph to show the rate of bubbling per minute against the distance between the lamp and the plant.

• Notes:

- Some time is allowed for the rate of bubbling to stabilise. → adapt
- Observation: The rate of bubbling increases as the distance of the lamp from the plant decreases.
- The dilute sodium hydrogencarbonate solution serves as a source of dissolved carbon dioxide.
- In some experiments, sodium bicarbonate is used. Sodium bicarbonate solution spontaneously decomposes to form carbon dioxide.

→ The cut end of the plant faces upwards to allow bubbles containing oxygen to rise.

→ A bubbler may be used in this experiment to serve the following purposes:

- To ensure that all the bubbles are of the same size.
- Acts as an electronic counter.
- To slow down bubbling to make it more visible for the counting of bubbles to be more accurate.

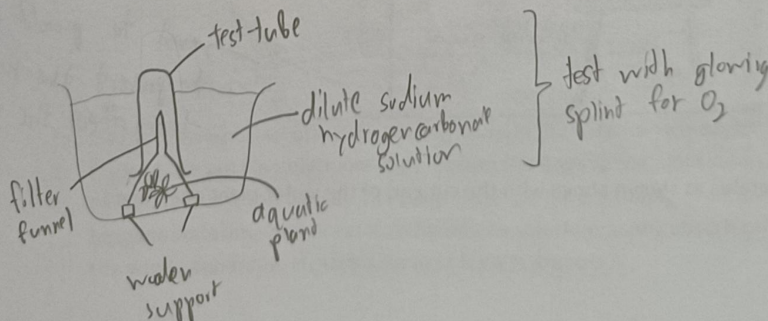
fixing the source of error

→ The bubbles produced contain oxygen gas, a product of photosynthesis. Thus, the greater the number of bubbles produced, the higher the rate of photosynthesis. The rate of gas production is proportional to the rate of photosynthesis.

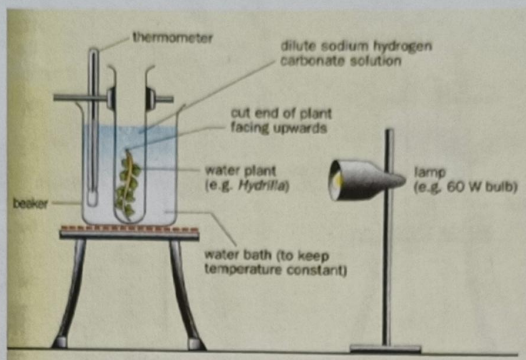
→ The rate of photosynthesis measured by this method may be lower than expected as:

- Some of the oxygen gas in the bubbles might have dissolved in the water as oxygen gas is slightly soluble in water, hence the number of oxygen bubbles counted may be lower.
- Some oxygen is used during respiration while the plant is photosynthesising.

Experiment 2: Effect of temperature on the rate of photosynthesis:



Effect of temp on the rate of P.S



1. Set up the apparatus as shown above with the cut end of the water plant positioned upwards.
2. Place a lamp 10 cm away from the plant. Keep this distance constant throughout the experiment.
3. Add ice-cold water to the water bath to keep the temperature at 5°C . Allow some time for the plant to adapt to the conditions provided before taking the readings.
4. Count the number of bubbles over a period of 5 minutes. Repeat this a few times to obtain an average rate.
5. Repeat step 4 at different temperatures, e.g. 15°C , 25°C , 35°C , 45°C , 55°C , 65°C and 75°C .
6. Record your results in a table. Plot a graph to show the rate of bubbling per minute against the temperature.

- Notes:

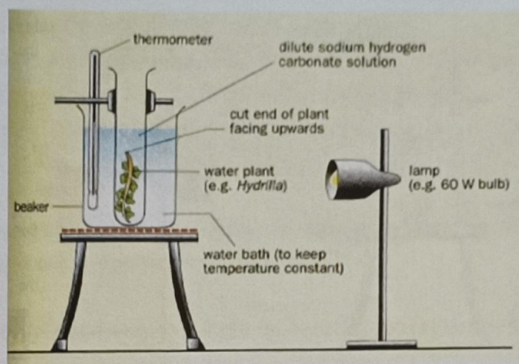
- The experiment starts off using cold water. This is to check if temperature is a limiting factor. If the water is too warm, the enzymes in the leaf may be denatured.
- It is observed that the rate of bubbling increases as the temperature is increased. The reactions in photosynthesis are enzyme-dependent.
- At low temperatures, enzymes are inactive.
- At extreme temperatures higher than optimum temperatures, enzymes are denatured.

~~Experiment 3: Effect of carbon dioxide on the rate of photosynthesis.~~

Source of Error:

- Counting bubbles may be an inaccurate way to determine amt. of gas produced as the bubbles may be of diff. size.

Effect of CO_2 on the rate of p.s

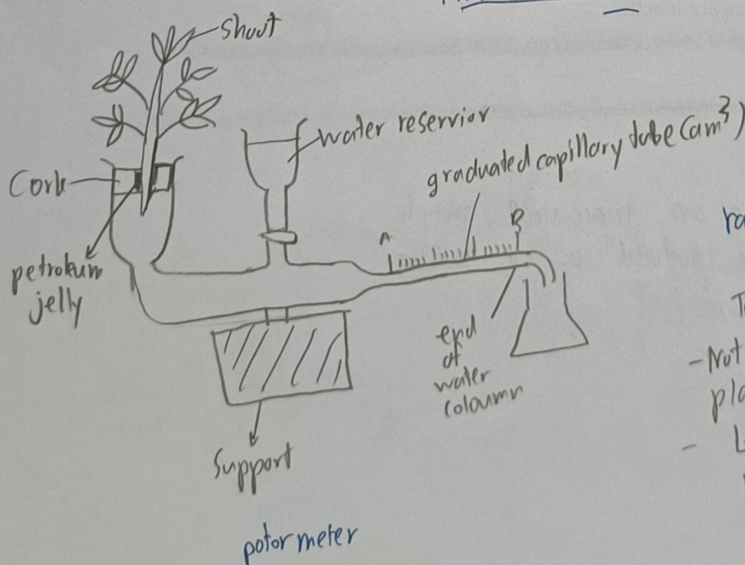


1. Set up the apparatus as shown above with the cut end of the water plant positioned upwards.
2. Place a lamp 10 cm away from the plant. Keep this distance constant throughout the experiment.
3. Conduct the experiment at room temperature.
4. Use different concentrations of sodium hydrogencarbonate solutions, e.g. 0.01 mol/dm^3 , 0.02 mol/dm^3 , 0.03 mol/dm^3 , 0.04 mol/dm^3 , 0.05 mol/dm^3 , up to 0.1 mol/dm^3 . (These are proportional to the carbon dioxide concentrations in the solution.)
5. When the bubbles are coming out at a regular rate, measure the rate of bubbling for each concentration of the sodium hydrogencarbonate solution.
6. Plot a graph to show the rate of bubbling against the concentration of the solution.

Notes:

- Different concentrations of sodium hydrogencarbonate solutions are used.
- It is observed that the rate of bubbling increases as the concentration of the sodium hydrogencarbonate solution is increased.

Find rate of transpiration



$$\text{rate of transpiration} = \frac{\text{volume of water}}{\text{time taken}}$$

Take note:

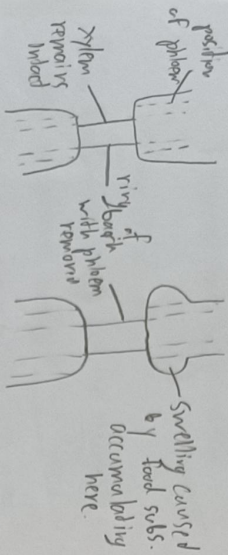
- Not all water are taken up by the plant is used for transpiration
- Used for p.s.
- Used for maintaining turgidity of the cells.

Translocation

↳ the transport of manufactured food subst., such as sugars & A.A. in plant

Evidence:

- Using the 'Ringing' Experiment



- Using Aphids in Translocation studies

1. Anaesthetise the aphid with CO_2 while its feeding on the stem.

2. Cut off the apical body of the aphid, leaving the feeding stylet in the plant tissue

3. Analyse the liquid that exude from the cut end of the stylet

↳ It should contain sucrose & A.A.

4. Section the portion of the stem that contain the stylet.

5. Examine it under microscope.

↳ the stylet TS inserted into the phloem sieve tube

↳ shows that translocation of sugars & A.A. occurs in phloem

- Using Isotopes in Translocation studies

1. Supply carbon dioxide containing the radioactive carbon ^{14}C

2. Allow p.s. to take place, the sugar formed will contain radioactive carbon

3. Cut a section of the stem and expose it onto an X-ray photographic film.

4. It is found that radioactive subst. are present in the phloem, since radioactive subst. cause the X-ray film to darken

movement of water → state structure of Root hair cell
→ thin film of liquid around

① water enter root hair cell via osmosis thru C.M. as the cell sap has a lower w.p. than the soil solution.

② The entry of water dilutes the cell sap.

③ The cell sap of the root hair cell now has a higher w.p. than that of the next cell. Hence, water passes by osmosis from the root hair cell into the inner cell.

④ Similarly, water passes from cell B into the next cell.

⑤ This process continues until the water enters the xylem vessels & moves up the plant.

movement of mineral salt

R.H.C is dilute mineral salt

① active transport

transpiration

↳ the loss of water vapour from the aerial parts of a plant, mainly through the stomata.

→ Transpiration pull

↳ the suction force created due to transpiration that pulls water & mineral salts up the xylem

↳ how it occurs:

① In leaves, water moves out the mesophyll cells by osmosis, forming a thin film of moisture, which evaporates into water vapour in the intercellular air spaces.

② It diffuses out of leaves via diff. stomata, down its concentration gradient.

③ As water evaporates from the thin film of moisture, more water moves out from mesophyll cells to replenish it.

④ As water lost from the mesophyll cells, the w.p. of their cell sap ↓ & become lower than that of their neighbouring mesophyll cells

⑤ The cells deeper inside the leaf then draw water from the xylem by osmosis. This creates a suction force which pulls the whole column of water up the xylem vessels. This force is known as transpiration pull.

→ Factors affecting Rate of Transpiration:

- Wind/Air movement

↳ the stronger the wind, the ↑ rate of Trans.

↳ conc. of gradient of water

↳ to investigate:

- compare in a room with the ceiling fan switched on and switched off (still air)

- Temperature of the air → ↑ KE

↳ the higher the temp, the ↑ rate of Trans.

↳ ↑ temp, ↑ rate of evaporation of H₂O from the cell surface

↳ To investigate:

- compare in a room with air conditioner switched on/off

- Light → ↑ P.S. → ↑ water moves up & out

↳ size of the stomata

↳ to investigate:

- compare in a dark room with table lamp at various dist.

- Humidity of the air

↳ the humidity ↓, the ↓ rate of trans.

↳ conc. gradient of water

→ wilting

↳ occur when rate of trans. > rate of water uptake

↳ Due to a net loss of water to the plant, central vacuoles of cells shrink,

plasmolysed mesophyll cells lose turgor pressure,

become flaccid resulting in the wilted look of the plant

↳ Cause:

- too ↑ light intensity

- too ↑ temp.

- too much fertiliser / lowering soil w.p. below that of root cells resulting in water leaving the roots

↳ Adv.:

- ↓ leaf SA + Placid guard cells close stomata ↓ trans. rate, which help conserve water

↳ Disadv.:

- Due to closed stomata, less CO₂ enters leaves.

- Due to reduced leaf SA, less light is captured, leading to reduced P.S. rate.

Describe & explain how changes in surrounding temp can affect the change in mass of the leaves.

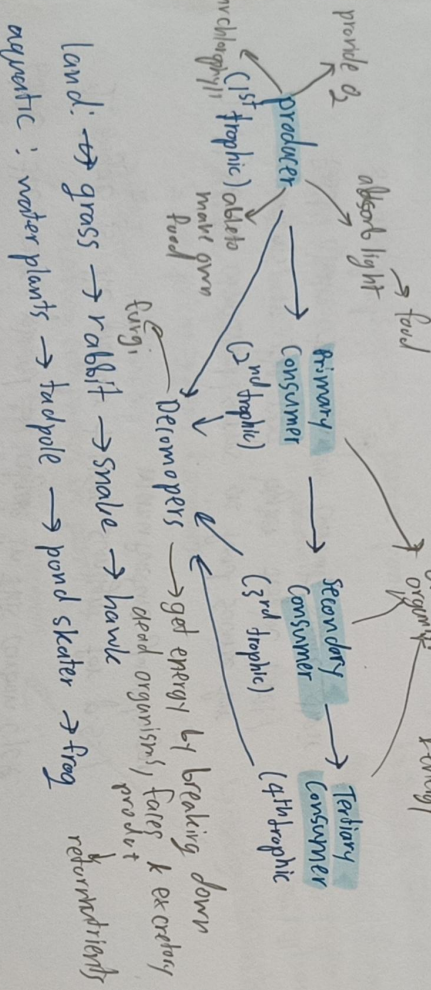
- Warmer environment $\uparrow$ transpiration
- Moisture lining on mesophyll surface evaporate faster
- increased conc. of accumulated water vapour in intercellular airspaces.
- Higher conc. of water vapour molecules inside the leaf than outside atmosphere
- water vapour diffuses out $\uparrow$ faster $\uparrow$ thru. stomata.

Food chain

↳ shows energy transfer thru. a series of organisms, beginning with producer

Food web

↳ consists of a network of interconnected food chains.



→ Energy (non-cyclical)

↳ 10% of energy passed on only

- ↳ lost as:
- heat during respiration
- excretory products
- excretory products

↳ only 1% of solar energy that reaches the earth is trapped by plants/producers

→ Carbon Cycle

↳ C is taken in when:

- plants P.S.
- formation of fossil fuel under ↑ pressure & temp.

↳ C is released when:

- Respiration
- Decomposition → speed up when temp. is higher & humid
- combustion

↳ Importance:

- continuous supply of O_2 for P.S.
- ↳ enable flow of energy
- regulates the amt. CO_2 in atmosphere.

→ Pyramids of Numbers

↳ limitations:

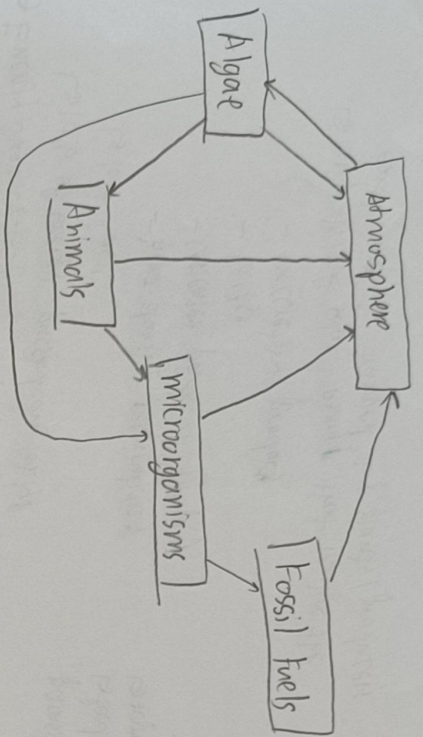
- ~~X~~ consider the size & mass of organisms
- ~~X~~ consider whether the organism is an adult/juvenile

→ Pyramids of Biomass

↳ higher accuracy → consider size & mass

↳ limitations:

- organisms have to be killed to obtain biomass
- has to be constructed at a particular point in time.



State the roles played by algae in this carbon cycle.

1. Algae is the producer + uses sunlight for p.s. / manufacture glucose/sugar
2. Algae is consumed / serves as food source for organisms in the next higher trophic level / food chain + consumers cannot make their own food.

Carbon Sinks

↳ An area that stores carbon from the atmosphere for a long period of time. It stores > carbon than it releases

↳ Ocean

↳ CO_2 dissolves + p.s. → Marine plants

↳ Fossil fuels at seabed

↳ dead bodies of plants & animals

↳ Aerobic respiration

↳ description → plants & animals

↳ Feeding relationship

↳ Carbon compounds in plants

gets eaten by marine animals.

Carbon is transferred to the

consumer, carbon cannot escape

the ocean as it is now in the

consumer

↳ process take in CO_2 then release CO_2 ↓

↳ CO_2 used by marine animals

to form shells & corals

↳ retain ~~C~~ C for a long

period of time after they died.

↳ Forest

↳ p.s. + store of C compound → Trees die

↳ formation of coal → Trees die

↳ aerobic respiration

↳ description

↳ Feeding relationship

global warming

→ Cause → Deforestation → Desertification

result in

why? → ↑ demand for land & materials such as wood

→ Destruction of habitats → extinction & reduction in biodiversity

→ release of CO₂ stored from the cut down trees

↓
Decomposition / combustion of trees → CO₂ release

↓
↓ CO₂ removed
↓
↑ CO₂ conc.

→ combustion of fossil fuel → emission from vehicles & genert generating electricity

↓
(CO₂ pollution)
→ greenhouse effect
→ forms a layer over Earth's surface → heat trapped
lead to

ways to ↓ effect of Global warming!

- ↓ use of fossil fuel → use > renewable energy

- ↓ energy consumption → these use more efficient devices e.g. LED light bulbs

→ Use hybrid/electric vehicles rather than petrol-powered vehicles

→ Forest management → conservation of forest

→ Indiscriminate felling of trees should be reduced

→ Reforestation

→ Control of forest fires → Some ppl set fire to clear forests

→ Education

can is the

→ The process by which harmful subst. are added to the environment, making it undesirable or unfit for life

Sewage

harmful subst.

↳ contain disease-causing organisms such as bacteria

↳ water-borne disease → Cholera & typhoid

↳ contain phosphates & nitrates

↳ lead to ~~ex~~ Eutrophication

cause by harmful ← inorganic chemical subst. Fertilisers

↳ Excessive growth of water plant & algae

promote bacterial growth

↳ submerged plant

↓ decomposition

↳ $\times$ CO_2 → undesirable

Insecticides → harmful subst.

↳ kill insects that:

- destroy crop plant
- transmit diseases. e.g. dengue fever & malaria

↳ Disadv. → in effective overtime

↳ resistant → favourable gene transmitted

→ affect other organisms

↓
Carried by rain water into streams, rivers & lakes

↳ E.g. DDT → non-biodegradable

harmful subst. ↳ insoluble in water, can't be excreted

stored in fatty tissue

the accumulation of chemical subst. such as pesticides in an organism

↓
accumulate in the consumer's body

↓
bioaccumulation

↑ DDT

↳ top consumer

↳ Biomagnification/bioamplification

occurs when certain chemicals e.g. insecticides, are passed along the food chain, ↑ in conc. in the bodies of organisms along the trophic lvl.

↓
one predator feed on many prey

Non-biodegradable plastic waste

↳ burning of plastic

↳ deposition in landfills

↳ harmful chemicals may be leached into rivers/seas → poison wildlife

↳ break down into microplastic that is tiny

↳ ingested → accumulation → biomagnification

↳ feed on plastic

↳ block up the stomach & intestine

↳ death

conservation
the range of species that
are present in a particular system

conservation
↳ protection & preservation of

natural resources in the environ.

↳ Reason:

- Wild plants & animals possess favorable
gene → cross-breeding → ↑ agriculture prod.

- Sources of medical drugs → tropical plant

- Prevent extinction of a species

genetic diversity maintained

↓
less likely any change in environ.

will wipe out the whole species

- Marine plant → food

- tropical plants → raw material for
industries → rubber → tyres

- Scientific research

- Maintain stable & balanced ecosystem

- Preserve natural scenery
& wildlife for people to
appreciate

- conservation of Mangrove Swamp

↳ Mangrove Restoration Project

↳ Volunteers plant mangrove seedling
over a portion of the Mangrove
Swamp

↳ 'Adopt a Mangrove Programme'

↳ initiated in Sg at Pulau Ubin

↳ raise awareness about conservation
& restoration of degraded areas to ↓
the impact of global warming & Climate change

- conservation of Coral Reefs

↳ touch the reefs

↳ may damage the coral animals

↳ Anchor boats on the reef

↳ may kill the corals

↳ ~~At~~ Avoid: - purchase living corals → promote extraction of living corals for sale

- the use of sunscreen

↳ ingredient can be harmful to corals

- polluting the coast w rubbish, especially non-biodegradable plastic

↳ marine debris may be blown or washed into the ocean

↳ harmful to coral reefs

Deoxyribonucleic acid

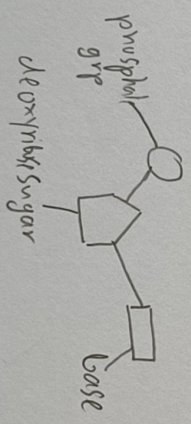
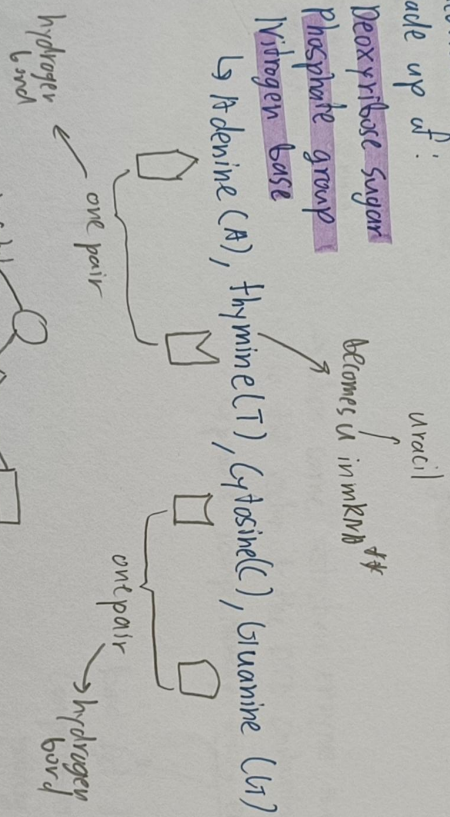
- ↳ carry genetic information → development & functioning of nucleotide
- ↳ consists of two strands twisted around each other to form a double helix

Basic unit: Nucleotide

↳ made up of:

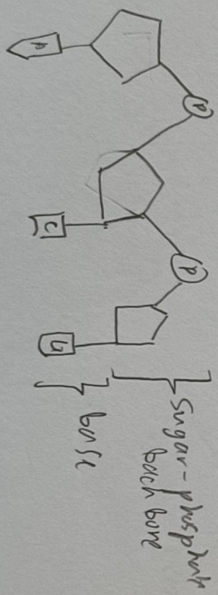
- Deoxyribose sugar
- Phosphate group
- Nitrogen base

↳ Adenine (A), Thymine (T), Cytosine (C), Guanine (G)



two polynucleotide connected via hydrogen bonds

↳ long chain of Nucleotide: polynucleotide



gene

↳ a sequence of DNA nucleotides, as part of a DNA molecule, that code for a specific polypeptide

↳ a unit of inheritance

Chromosome

↳ A DNA molecule wrap around special proteins → histone

histone

Three base make up 1 ~~codon~~ ^{codon}

formation of polypeptides!

1. The DNA unravels, opening the polynucleotides
2. In the nucleus, the msg in the gene is copied into an mRNA
3. The mRNA travels out of the nucleus via the nucleus pores then to the cytoplasm & attaches to a ribosome
4. As the ribosome moves along the mRNA, it synthesizes a polypeptide
5. When the ribosome leaves the mRNA, the polypeptide is released.

Transcription

- ↳ in nucleus
- ↳ step 1-2

Translation

- ↳ in cytoplasm
- ↳ step 3-5

→ A vector is required for the transfer of genes

↳ another DNA molecule, a bacteria/virus that is used to carry the genes of one organism into another

↳ E.g. plasmid (circular DNA)
↳ from bacteria

→ Transgenic organisms

↳ an organism that has a foreign gene inserted into its genome or DNA

→ when same restriction enzyme is ~~add~~ added to the vector & the DNA containing the gene of interest

↳ produce complementary sticky ends

bind tgt thru.

complementary base

pairing

DNA ligase seals the

sticky ends

↓
recombinant DNA formed

during Transgenic Bacteria to Manufacture insulin → ethical concerns occurred

~~social implications~~

Step 1: - Remove DNA containing human insulin gene from nucleus of cells

↳ vegetarians will object the use of insulin derived from animals

- Cut out insulin gene with restriction enzyme, sticky end produced on both sides of the gene

Step 2: - Isolate plasmid from E. coli bacterium

- Cut open plasmid with the same restriction enzyme

Step 3: - Mix insulin gene with the cut plasmid & allow the sticky ends to base-pair

- Add DNA ligase to join insulin gene & plasmid, recombinant plasmid is formed

Step 4: - Mix recombinant plasmid & E. coli

- Apply temporary heat/electric shock to open up the pores of c.m. of E. coli for it to enter, transgenic bacterium produced

Step 5: - The transgenic bacterium produces human insulin.

- Insulin is extracted & purified & is used
- isolated & grown in a fermenter for mass production of human insulin

Benefits

↳ Economic

- Low-cost production of medicine → affordable

↳ treat genetic diseases → saves lives

- crops

↳ grow in extreme condition → ↑ crop yields → ↓ food shortage

↳ higher nutritional value → ↓ malnutrition

↳ grow produce own pesticide → less pesticides needed spray
↳ environmental friendly

Ethical considerations

Social impact

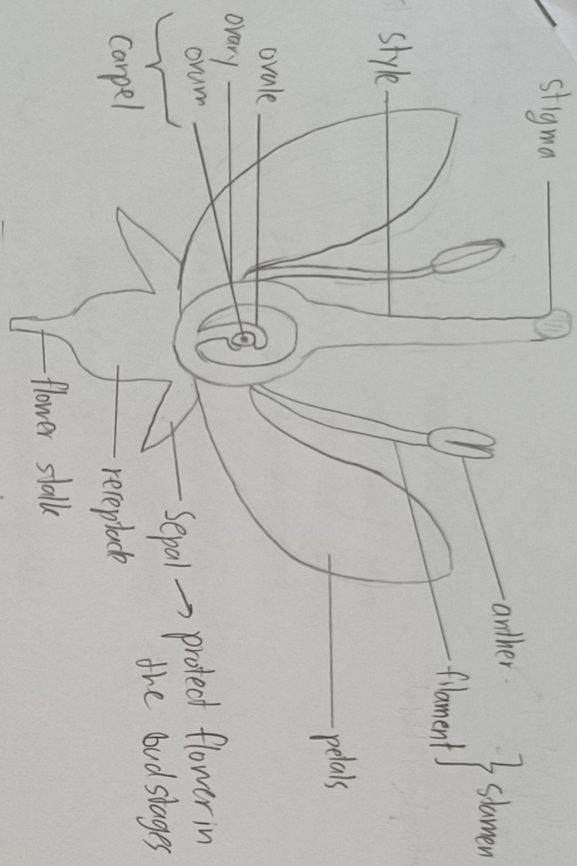
- potential use for biological warfare → mass destruction

Economic → Monopoly of the sale of GM-seeds →

- Allergies to some ppl due to new protein in GM food

Social → Companies may set patents on medicines made

using genetic engineering → very ex → no choice but have to pay at high price



Insect - pollinated plants

- petals → large, brightly coloured → attract insects
 - ↳ platform guidance
- Scent
 - ↳ fragrant/sweet smelling
- stamens → x pendulous
 - x protrude out of flower
- stigma → small
 - x protrude out
- pollen → less abundant
 - larger, heavier & rough
- nectar → present
- nectar → present on the petals

Stamen

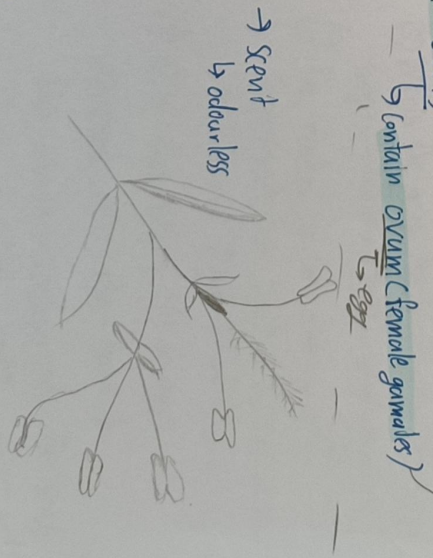
- anther → produce pollen grain
 - mature → splits → ~~release~~ release
- Filament → hold position
- pollen grains (PG)
 - ↳ contain male gametes → produced by meiosis & r haploid
 - ↳ Hv half the no. of chromosomes

Carpel

- stigma → receives pollen grains (PGs)
 - secretes sugary fluid to stimulate germination of PGs when mature
- style → holds the stigma in position to trap PGs
- Ovary → contain ≥ 1 ovules
 - ↳ contain ovum (female gametes)
 - ↳ egg

Wind-pollinated plants

- petals → small, dull-coloured / absent
- stamens → pendulous
 - anther protrude out
- stigma → large & feathery
- pollen grains → more abundant
 - smaller, lighter & smooth
- nectar → absent
- nectar guide → absent



→ Self pollination

↳ transfer of pollen grains from the anther to the stigma of the same flower/ from the anther of a flower to the stigma of another flower on the same plant

↳ Features: - Both anthers & stigma mature at same time

- stigma directly below the anther
- flowers nvr open

↳ Adv: - only one parent plant required

- X depend on external factors for pollination
- less en pollen & energy are wasted
- Beneficial qualities are more likely to pass down

- ↑ change of pollination to occur

↳ Disadv: - less genetic variation

- ↳ less adapted to environ. changes
- offspring become weaker, smaller & less resistant to disease

→ Cross pollination

↳ transfer of pollen grains from the anther of a flower to the stigma of a flower of another plant belonging to the same species

↳ Features: - only male/ female flowers

- anthers & stigma mature at diff. time
- anthers & stigmas located very far away

↳ Adv: - greater genetic variation

- may inherit beneficial qualities from both parents
- seeds produced are more viable & capable of surviving longer before germination

↳ Disadv: - opp. of the adv. of cross-pollination.

→ Fertilisation

① PLS germinate in response to the sugary fluid secreted by MS

② pollen tube grows out of each pollen grain &

③ secretes enzymes that digest the stigma/style & ovary wall

④ The pollen tube enters the ovule through micropyle

⑤ Within the ovule, the tip of pollen tube absorbs sap & bursts, releasing male gamete

⑥ The nucleus of the male gamete fuses with the nucleus of the ovum to form zygote (fertilisation)

⑦ After fertilisation, the ovary develops into the fruit &

the ovule develops into the seeds
sepal & petals wither & drop off

chpt 18 DIT

→ Inheritance

↳ transmission of traits from one generation to another

→ Gene

↳ a sequence of DNA ~~nucleotides~~ nucleotides that controls the formation of a

single polypeptide.

↳ A unit of inheritance

→ Alleles

↳ diff. forms of the same gene

↳ occupy the same relative position on a pair of homologous chromosomes.

Chromosomes.

→ genotypes

↳ combination of alleles for a particular gene

→ phenotypes

↳ expressed trait or outward appearance

→ Homozygous

↳ having two identical alleles of a particular gene

→ Heterozygous

↳ having two different alleles of a particular gene

→ Genetic Diagram e.g. blood grp

parental phenotype
blood grp A (Man) × blood grp B (wife)

parental genotype
 $I^A I^O \times I^B I^O$

gametes
 $I^A \quad I^O \quad I^B \quad I^O$

offspring genotype
 $I^A I^B \quad I^A I^O \quad I^B I^O \quad I^O I^O$

offspring phenotype
AB A B O

phenotype ratio
AB : A : B : O = 1 : 1 : 1 : 1

very imp!

If involved XY chromosomes, rmb to indicate the sex.

→ co-dominance

↳ both alleles express themselves in the heterozygote, which has a phenotype intermediate bet. that of pure-bred parents

↳ E.g. Blood group AB $I^A I^B$

↳ I^A & I^B are co-dominant

Multiple

→ Multiple alleles

↳ presence of ~~two or more~~ more than 2 alleles option for a single gene

↳ A gene that exists in > 2 diff. forms have ~~not~~ multiple alleles

↳ e.g. Blood grp → three alleles

→ 6 different forms
→ 4 expressed traits

→ why observed ratio differ from expected ratios

↳ sample size too small

↳ Inheritance of particular combinations of alleles occurs by chance & probability

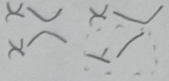
↳ Inheritance of alleles for each offspring is independence of one another.

→ Determination of sex in human

↳ Look at the 23 pair

↳ Male → XY

↳ Female → XX



→ No. of chromosomes in body cells

↳ Male → 44 non-sex chromosomes + XY

↳ Female → 22 NSC + X + X

→ No. of chromosomes in gametes

↳ Male → 22 NSC + XY

↳ Female → 22 NSC + X only

→ Genetic variation

↳ Meiosis → human

↳ Random fertilisation → any of the sperm can fuse with the ovule

↳ Mutation

↳ rate of mutation can increase by:

- radiation e.g. X-ray, UV, α , β , γ

- Chemical mutagens

↳ Tar & Formaldehyde (cigarette)

→ Mutation

↳ change in the sequence of a gene or in the number chromosome number

↳ Gene mutation

↳ Albinism (1/4th $\sqrt{1}$)

↳ absence of pigment in the skin, hair & eyes

reddish-white

iris red

↳ Sickle Cell Anaemia → the ~~recessive~~ homozygous recessive

↳ change in the sequence of bases/nucleotide in DNA

↳ Hb Enzyme, haemoglobin S (HbS) protein in RBC (abnormal)

↳ change in the 3D shape of the hae. molecule.

↳ O_2 conc. ↓, the RBC becomes sickle-shaped

↳ $\times$ transport O_2

↳ RBC fragile & sticky → stuck in narrow blood vessels

} fatal

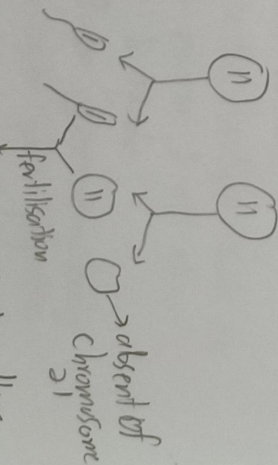
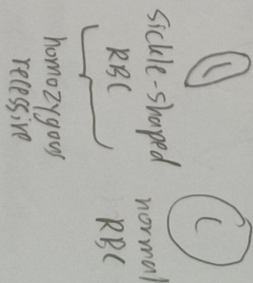
↳ Chromosome mutation

↳ Down Syndrome: 47 chromosomes

↳ Normal human: 46 chromosomes

↳ there is one more extra copy of chromosomes 21

↳ Higher chance when mother is older, similarly in man



↳ Zygote has three copies of chromosome 21

→ Variation

↳ Differences in traits bet. individuals of the same species

↳ Discontinuous v.s. Continuous

Controlled by one or a few genes

Controlled by many genes

Genes do not show additive effect

Genes show additive effect

Unaffected by environment

Greatly affected by environment

Clear-cut phenotypes

A range of intermediate phenotypes

- Gender / sex

- Height

- Blood group

- Weight

- Eye colour

- Skin colour

→ Evolution with natural selection

↳ Variation & competition lead to:

- Cross-breeding

- Diff. of survival of those organisms

- Spontaneous mutation of genes

- Reproduction by best fitted to the environment

↳ Environmental factors

↳ Predation: Dark peppered moths → camouflage btr

↳ Food shortage: Darwin's Finches → finches develop different beaks to be suited to a particular diet on the island to reproduce & survive

↳ Diseases: Antibiotic-resistant strains of bacteria

↳ Template: 1. * The variation

↳ e.g. beards. Individuals with (50-150) traits are more likely to survive longer, resulting in a higher rate of reproduction

2. & are more likely to pass on the genes for that trait to their offspring,

4. resulting in increased genetic variation

5. The offspring that inherit the beneficial traits are able to adapt to the environment. & will allow more likely to survive & reproduce

6. This process repeats itself over generations, leading to a population with a higher proportion of individuals with (50-150) trait.

→ Natural selection

↳ process in which organisms with desirable genes & characteristics are 'selected' / 'favoured' to survive & pass on their genes to their offspring

→ Evolution

↳ gradual change in the inheritable characteristics of a population over time

- E.g. - Spontaneous mutation of genes from common ancestor wld hv produced birds with various beak length
- Competition for food wld hv resulted in survival of the fittest
 - The birds with the longest beaks wld hv ~~att~~ been naturally selected since they are able to get food more easily
 - These birds reproduce & pass on their favourable allele to offspring while other birds with shorter beaks ~~att~~ are outcompeted & die out
 - This results in long beaked birds becoming the dominant species on the island over time.