

2017-Y2-EOY-P1
Section A [30 marks]

Free Writing

Suggested Answers:

1. How can Physical Education lessons be beneficial to students?

*Students are only required to present the **benefits** of PE lessons.

- Physical Education lessons help students to keep fit and healthy.
 - PE lessons provide students with the time to exercise regularly despite busy schedules.
 - Physically demanding activities (running, NAPFA test stations etc) help to burn excess calories and inculcate the good habit of regular exercise.
- Physical Education lessons enable students to relax/unwind/destress through exercise and games.
 - PE lessons give students a break from the monotony of classroom lessons.
 - Gives students an opportunity to move around and get their heart pumping.
 - Exercise during PE lessons releases endorphins and students feel happier and more positive.
- Physical Education lessons expose students to new sports that they would otherwise not have tried on their own.
 - Variety of sports modules incorporated into the PE syllabus
 - Students get to learn various types of sports that they might otherwise never have tried (give examples: tchoukball, volleyball etc)
- Physical Education lessons teach students the importance of working well in a team/ persevering when learning new sports.
 - In many of the activities carried out or sports played during PE lessons, students are expected to work in groups or teams.
 - This helps to build students' ability to work well in groups and even learn to manage group conflicts.
 - Working in a team would also require students to learn to communicate effectively with their team mates to prevent any misunderstanding.

Expository

2. In what ways has the Internet impacted our communication positively?

Examiner's Comments:

Students should structure their essay into three paragraphs with each paragraph stating the merits of the Internet on communication.

Students could talk about social media (eg. Facebook, Instagram, Twitter etc.) and the benefits of staying in touch. Some benefits would include,

- ☐ Allows real-time/ 'live' messaging where both parties can communicate across time-zones and across the globe.
- ☐ 'Live' updates/ status can be posted on the various feeds/ profile where friends and families can view the updates at their own convenience to see how others are doing and what they are doing on a daily basis.
- ☐ Memories/ moments that commemorates or marks a special occasion (eg. Weddings, birth of a new born, graduation etc.) can be recorded/ uploaded through videos/ pictures and kept online for whoever that the poster allows to view their content.

Students could also talk about how the Internet has allowed various groups of people (eg. Students, professionals etc.) to conduct their business in a more convenient manner.

- ☐ Colleagues can send/ archive emails for formal conversation. They can also open up instant chats where less formal conversations can be conducted.
- ☐ Students can work from wherever there is an internet connection to carry out their group projects online. This facilitates collaborative learning without the need for meeting-up. Face-to-face communication can also be achieved with programmes like Skype where multiple users can engage in a teleconference call where they can choose to see the person or just listen to the audio.
- ☐ Networking between people has also become more convenient with profiles such as LinkedIn where people can post their resume or business information for others to view. Students can also post their credentials in seeking out tutoring opportunities or even applying for scholarships etc.

Student could talk about how the Internet allows everyone and anyone to have a voice/ online presence.

- ☐ Virtually anyone can write blogs or articles to express their opinions and share with anyone with an internet connection in the world their views/ findings.
- ☐ Reviews of films, eating places etc. can be easily posted online for others to view in order to make a more informed decision in a quicker time.
- ☐ Social influencers can post tips and information on the latest happenings so that others will not miss out on the latest fads and trends.
- ☐ It allows anyone including shy people who choose to use the guise of the Internet to have their voices heard that otherwise would not have happen. More knowledge and authentic experiences can thus be gleaned online than without the Internet.

3. "Beginning is easy; continuing is hard." Write about a time when you found this to be true.

Hybrid (Expository & Personal Recount)

*Students should address the quote for the expository part then surface a **personal experience** when they found it easy to start working towards an end goal, but struggled in the process to see it through to the end. Students should **not** write in 3rd person.

Some personal experiences that students could possibly relate to and discuss:

- Picking up a new skill: Learning to play a musical instrument, learning to dance, learning to swim, learning calligraphy etc.
- Keeping to a study schedule: Students can share how it is easy to stick to a study schedule at the beginning of Term 1 but as time goes by, it is harder to strictly follow what they initially planned to cover or revise each week.
- New year resolutions: Easy to feel motivated at the start of a brand new year or when everyone else is also making new year resolutions, but it is hard to faithfully

stick to these resolutions through the course of the year (losing weight, meeting deadlines etc)

- Trying to change your temperament or character. (eg. trying to become less impatient or trying to be more compassionate) Recognise that these things take a long time to bear fruit

Some possible reasons for why students could have given up or, at the very least, met with some resistance while trying to see the task through to the end:

- Other things fighting for their time when picking up a new skill: Time constraints – school work, rest, play etc
- Loss of interest: Short attention span
- Lack of perseverance: Give up when the task is too difficult or demanding, out of their comfort zone, or when it requires many long hours of practise and hard work to achieve perfection – lose the willpower to press on.

4. Describe your favourite person. Why is he/she special to you?

Hybrid (Descriptive & Reflective)

Examiner's Comments:

Students could describe anyone so long as they fulfil the criteria of being preferred/are well-liked and then proceed to explain why that person means so much to them.

Ways to describe a person include:

- ☐ Facial features
- ☐ Body type
- ☐ Mannerisms
- ☐ Character traits
- ☐ Clothing

- ☐ Distinctive features (eg. Birth mark, scars, tattoos etc.)

Reasons why that person could be a favourite include:

- ☐ Warm/ good personality traits.
- ☐ Person is funny/ fun to be with.
- ☐ Person is a role-model/ has an upstanding character.
- ☐ Person could be an icon that has a strong influence on fashion etc.
- ☐ Person could be good at what they do, eg. Singer etc.
- ☐ Person spends time and effort to care for others and in particular the writer.

Reasons why that person could be special to the writer includes:

- ☐ Person could be there for the writer through difficult moments/ periods.
- ☐ Person could be someone close like a sibling or a friend whom the writer feels lucky to have.
- ☐ Person could possess a talent or trait that exceeds the abilities of others eg. Being adept and intelligent in a particular area.
- ☐ Person is able to bring a smile/ brighten up the day of the writer.
- ☐ Person is self-sacrificial and places the writer above himself/ herself.
- ☐ Person is able to say/ do the right things for the writer when the writer is feeling down.